

i'm finally posting

Posted by Horizon - 30 Mar 2023 20:24

i wroth this up yesterday but for some reason it didn't post. sitting down to rewrite it now.

hi everyone! my name is horizon i'm a 23 yo yeshiva bochur. i created my account about a year ago, but haven't been active until about a week ago. in the little time i'm here iv'e met some wonderful chevra, and was encouraged to write about myself. i hope it will takeh help me, specifically w meeting and connecting with the chevra. although my 'story' is as cookie cutter typical as they get, i'm still sharing. partially to unload, but mainly to make connections with . here we go...

i grew up in a typical frum yeshivish home. my father is a respected rebbi, and my mother teaches in the local school. although my parents are good people, i never connected w them or felt understood. emotions were also pretty much nonexistent in our home. my father is very reserved and cold, and my mother was always a hard woker, and expected the same from us. (recently my siblings and i started discussing how this affected us. bh i have a pretty nice relationship w my siblings)

from quite a young age (probably like 10) i had a sexual rush. but i'd rather not elaborate on that. when i was 13 years old i went off to an out of town yeshiva ketana. although it was a nice yeshiva, and the chevra were nice, i had a hard time fitting in cuz i was a year younger then the class. i kinda felt like i don't belong and also had to prove myself. i was also embarrassed to share my age with orhers. it was a tough matzav.

others. so if you came for chidushim, i'm sorry to let you down. during the first year in yeshiva i started to become a very 'erinste bochur'. taking davening seriously, waking up early to learn, i would get upset when guys were sitting around and chilling or talking loшон hara... you get the pic. it was kind of a distraction from social life which i wasn't very good at.

the next year i went the other direction. i started sleeping in, chavering zich with the more chilled guys in yeshiva, and being in beis medrash less.

one day i came across a store not far from yeshiva that sold (drumroll please) adult magazines. i took one. (i don't want to say stole). i was utterly shocked by what i saw. i was a naive sheltered boy, who didn't dream there was such a thing as women exposing themselves. i didn't either know about sex. that magazine really changed me (one of my rebbeim at the time pointed out that he sees i changed). it was at that point that a started to m* (i hate the word, so a * will

have to suffice). over the next two years i only took another two or three magazines, and occasionally when i'd be home i'd watch porn.

when i was 17 i went to eretz yisroel for the summer. seeing the attitude they have in israel towards the internet had a big effect on me, and it caused me to make strong gedarim for myself. i was clean from porn and m* for 3 years (!)

after that the YH creapt in in the most ingenious of ways. i decided to be a ka'nu'ee and check to make sure our family's computer was kosher. it was not.

about a year ago i came across gye, and was convinced it was the end of my struggles. i now had a place to keep myself in track by using the success tracker and i'll live happily ever after. i was clean for 8 days.

i recently gave up my access to porn, and now have a phone that is really restricted (no really). bh it was a HUGE gamechanger. iv'e wanted to do it for the longest time but it was very hard. and that first night without it was very, hard. but surprisingly in the days since i was very much ok and didn't feel like i'm missing much. (although i'll admit that it gets annoying sometimes heving restricted access).

i'm gonna try for the future to be more involved in this community, and hopefully i'll meet some nice chevra:)

wishing everyone continued hatzlacha in everything,

horizon

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Re: i'm finally posting
Posted by hechochma - 13 Dec 2023 05:58

Seconding the Mazel TOV 42 days!!!

That's an amazing accomplishment!!!

As they say around here - 42 eternally holy and pure days that no one can ever take away from

you!

Let us know how the getting up goes - it seems an awful pain when you're laying on your back but once you're upright things start to look up again!

Also, any ideas for the new one-day-at-a-time this time? Maybe something that would help you reach out when the slips start before the big fall hits?

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Re: i'm finally posting
Posted by horizon - 14 Dec 2023 23:26

thanks guys.

i started a 7 day thing, im gonna try to do 7 days of no p&m. im posting here, and will try to update as much as i can in order to keep some accountability. today is day 2. bh.

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Re: i'm finally posting
Posted by hehochma - 14 Dec 2023 23:36

We are rooting for you!!!

Keep the updates coming!!!

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Re: i'm finally posting
Posted by chaimoigen - 16 Dec 2023 23:34

Hey, friend!

How was shabbos?

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Re: i'm finally posting
Posted by horizon - 17 Dec 2023 00:37

reb chaim thanks for stopping by!

shabbos was very nice bh, was together w a lot of family, we weren't together in some time and it was a beautiful shabbos bh.

today was day 4. I'm very confident in completing my 7 day goal, and im going back to yeshiva tomorrow which will make things easier in many ways.

hope everyone has a truly gute vuch!

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Re: i'm finally posting
Posted by true_self - 25 Dec 2023 17:12

Hey! whats doing?

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Re: i'm finally posting
Posted by horizon - 07 Feb 2024 05:56

Hey guys, wasn't here in some time.

just did 35 days bh!

I'm gonna have to catch up on things around here.

Hatzlacha tto all:)

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Re: i'm finally posting
Posted by horizon - 15 Mar 2024 04:34

Alright friends, iy"h tomorrow I'm gonna make a chazaka of breaking devices. I have a tablet that I needed "I'tzorech parnassa", and if everything goes as planned I'm gonna finish that tzorech tomorrow.

will update w the good news before shabbos b'ezer hashem.

Disclaimer: this is not in any way a heter to have a non kosher device for any tzorech.

2nd disclaimer: I'm not proud of breaking things as I've stated in the past.

Hatzlacha to all

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Re: i'm finally posting
Posted by Hashem Help Me - 15 Mar 2024 05:01

Daven for someone that needs a big yeshua

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Re: i'm finally posting
Posted by davidt - 15 Mar 2024 13:48

[horizon wrote on 15 Mar 2024 04:34:](#)

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Re: i'm finally posting
Posted by horizon - 17 Mar 2024 02:20

interesting diyuk you make. i understood poshut pshat to be not to get distracted by the chitzoiniyus and remember the levavchem as well. but i see what you're saying.

????? ?? ????? , bh i followed through before shabbos, i had an issue logging in so could'nt update.

a gute voch alle yiddin

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Re: i'm finally posting
Posted by horizon - 11 Apr 2024 06:15

Hi friends i haven't updated here in some time, so here comes my late night post

Numberwise i'm doing great bh, with over 30 days bli ayin hara. but instead of being excited, i'm kind of dreading the fall which i feel is inevitable. (actually part of me is anticipating it) until about a week ago i was doing really well, and was in a great state of mind. for the first time in a while i felt like i kicked this thing and there isn't a fall in sight. i wasn't thinking about porn at all. not about watching, and not either actively not watching. in the last couple days however i had a couple slips, and i feel like a fall is coming. i also had some personal letdowns which are never fun.

add to that the bein hazmanim syndrom and bam!!

i am hoping for the best (now that sounds like a solid plan), and wishing you all the best.

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Re: i'm finally posting
Posted by vibrantchosid - 11 Apr 2024 13:38

Hi Horizon. I could totally relate to your share!! Much Hatzlacha!!!

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Re: i'm finally posting
Posted by Hashem Help Me - 15 Apr 2024 11:18

Why do you feel it is inevitable? Change the script.

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