

Eccentric Trip to Freedom

Posted by EccentricComposer - 12 Mar 2023 02:17

I'm a Bochur in a main stream Yeshivah who's been working on a hotzaas zera l'vatallah problem for 10 years. B"H I've improved tremendously over that time, and when I'm away from home I have almost no issues. The main time I have any problems is when I go home over Bein Hamzanim and Off-Shabbosos, and even then I've been working incredibly hard and have been able to be Kovesh my Yetzeir Horah a lot. I'm just looking for some Chizuk and maybe some tips for when I go home so that I don't fall in! My main problems are sometimes seeing something inappropriate on the computer, though its fully filtered, and sometimes there are some magazines near my room that have pictures of women (they're not inappropriately dressed), but I am to embarrassed to bring it up with my parents, most of the time I fall in because I was thinking about doing it, and give in to the urge. I feel that the main thing I need is some Chizuk and people to update when everything is going well! My last couple times home I did great at the beginning, but it gets harder as time goes on, and I want to make sure that I'm totally prepared for Pesach Bein HaZmanim!

Thank you so much for taking the time to read this, and for the chizuk!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 11 Jun 2023 19:53

I figured out how to add another email to my phone, it took forever.

Please email me at:

eccentriccomposer01@gmail.com

Looking forward to hearing from everyone.

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 11 Jun 2023 20:53

Day 48, still going fantastic!

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Re: Eccentric Trip to Freedom

Posted by chaimoigen - 11 Jun 2023 23:10

Chazak ViAmatz!

We are rooting for you. You have got what it takes, with Siyata Dishmaya!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 13 Jun 2023 13:30

Awkwardly, at day 49 forgot to do the reading yesterday, I was super busy and about to do it when something else came up and then I forgot. I made it up this morning, but I guess I'll have to restart that again.

In good news, I was looking back at the past couple of months, and realized that since Channukah I have only slipped a single time, I find this incredible, its been half a year! I feel like I've grown so much since I actually became active on this site! I am so thankful for all of the chizzuk and support I receive here, I look forward to telling everyone more good news.

Hatzlacha!

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Re: Eccentric Trip to Freedom

Posted by richtig - 13 Jun 2023 13:51

[EccentricComposer wrote on 13 Jun 2023 13:30:](#)

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Hatzlacha!

Amazing!

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Re: Eccentric Trip to Freedom
Posted by Eerie - 13 Jun 2023 19:03

WOW! Keep up the unbelievable work!

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Re: Eccentric Trip to Freedom
Posted by EccentricComposer - 14 Jun 2023 01:15

Day 1 on reading again, though I caught back up.

Also, my streaks at 72 days, incredible!

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Re: Eccentric Trip to Freedom

Posted by Grant400 - 14 Jun 2023 01:23

[EccentricComposer wrote on 13 Jun 2023 13:30:](#)

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Hatzlacha!

Beautiful!!!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 14 Jun 2023 19:55

Day 2 on the reading, going out with another girl later this week, I hope it goes well, be"h.

Hatzlacha!

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Re: Eccentric Trip to Freedom

Posted by Grant400 - 14 Jun 2023 19:58

[EccentricComposer wrote on 14 Jun 2023 19:55:](#)

Day 2 on the reading, going out with another girl later this week, I hope it goes well, be"n.

Hatzlacha!

Amen!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 16 Jun 2023 00:53

Day 3, everything continues to go well.

Thank you everyone for being here for me!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 16 Jun 2023 22:51

Day 4, everything's great, good Shabbos!

75 on my streak!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 18 Jun 2023 21:16

Day 6, everything's still great.

I wanted to share my story a bit, I think it would be healthy for me and help me really move on.

This started around when I was 12, I still remember the first time. I was at home by myself on amazon looking up some baseball cards and those players had the same last name as someone else I shouldn't have seen. I was thoroughly confused after that first experience, but it went down from their. For a couple of years I would oftentimes sneak away my parent's old smartphone, which I knew the code to of course, and look at things I shouldn't have. Slowly it moved from one to another, and it wasn't always the cleanest things to look at. Eventually I was finding things on YouTube, and it wasn't doing the best for me. Then, a couple days before Yom Kippur, my father asked me point blank if I was having issues with this thing. He didn't know if I was, but he was making sure, and I told him the issue, and cried. Sadly, that wasn't the end solution, he helped me a bit, but I was always too scared to really confide in him, I didn't want him to look down on me, which was silly. Then we got filters on the computers, which definitely helped, and eventually my parents chapped onto the smartphone when they checked the history on it, b"h. The worst I ever did was that my mother used to leave her computer logged on and I used to sneak to it at night, that was the worst things I ever saw, until one day my father caught me, but he didn't know what I was doing on it and I didn't tell him, but my mother made sure it was logged out after that. I never saw actual p for a long time if any, I really don't know what it actually is, and I will never know, I always thought I was bad, but now I realize its normal. That night on the computer was probably my bottom, I remember it very well. I had lots of other bumps downwards, but that was really the lowest. B"h I got caught, I was and am truly thankful.

This was all really before Yeshivah, so throughout middle school this was my problem, and it was bad. Eventually I did discuss it with my father a couple of times, and we solved a lot of the issues, but I never truly cleansed everything. Throughout my time in Mesivta I wouldn't have trouble there, but I would go home at nights and often have issues. The smartphone was still an issue at the beginning here, and the computer, but I moved on from those as I grew up. Eventually I made sure I filtered the computer well enough when I went on, though I always found some ways to find things around it, and then I had the issues with the magazines, but I was always working on growing by that point.

Then I went to Beis Medrash out of town, and that was incredible, I had no issues when I was away, only every once and a while when I came home Bein HaZmanim the old demons raised their heads, until corona happened and I was stuck at home for 3 months. At first I did ok, but it was a massive struggle, I spent a lot of time trying to find material, and it was a waste of time and I hated it. Finally, one day I decided enough was enough and signed up for GYE, I saw an

ad for it somewhere and decided it was what I needed. So I did the basics, printed out the charts and got the 90 day thing, and I think it was that day that I heard we were allowed to return to Yeshivah for the rest of the zman, I was so excited. I literally stayed in Yeshivah for 3 months without going home, and one of the main reasons was so I could make it my 90 days. Sadly, I didn't really keep in touch with the person I had available, and when I finally got back home it was back to the old grind.

Fast forward a couple more years, and I was still struggling. Every Bein HaZmanim I would make a chart and keep to it for a couple of weeks and be really excited that I would make it, and then by the end I was slipping up again. Every time I came home.

Finally, earlier this year I get an email from GYE about fundraising, in my spam inbox, and I see it and I know what I have to do. I had gotten a job in the Yeshivah where I have access to a completely filtered computer, and I tested to see if GYE is unblocked, and it is! I was so happy, I got into it and decided the best way to go was reading the forums. And now, here I am, hopefully continuing my trek upwards.

The main thing I need to say is that I was saved from seeing the truly terrible stuff. B"h my father was on top of me enough to really make sure I was ok, and that I am not in a bad place. I have really been trying to grow in this area for YEARS. He even got me a sefer, which definitely helped. I am very grateful about where I am holding right now, I know it could be much, much worse, I feel like this is really the end, and I see the light at the end of the tunnel, and it is getting brighter.

Thank you for reading, I feel great putting this out and getting it off of my back, I think I am truly able to move on from this.

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Re: Eccentric Trip to Freedom
Posted by richtig - 19 Jun 2023 15:21

Beautiful! Thank you for sharing Eccentric

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