

Eccentric Trip to Freedom

Posted by EccentricComposer - 12 Mar 2023 02:17

I'm a Bochur in a main stream Yeshivah who's been working on a hotzaas zera l'vatallah problem for 10 years. B"H I've improved tremendously over that time, and when I'm away from home I have almost no issues. The main time I have any problems is when I go home over Bein Hamzanim and Off-Shabbosos, and even then I've been working incredibly hard and have been able to be Kovesh my Yetzeir Horah a lot. I'm just looking for some Chizuk and maybe some tips for when I go home so that I don't fall in! My main problems are sometimes seeing something inappropriate on the computer, though its fully filtered, and sometimes there are some magazines near my room that have pictures of women (they're not inappropriately dressed), but I am to embarrassed to bring it up with my parents, most of the time I fall in because I was thinking about doing it, and give in to the urge. I feel that the main thing I need is some Chizuk and people to update when everything is going well! My last couple times home I did great at the beginning, but it gets harder as time goes on, and I want to make sure that I'm totally prepared for Pesach Bein HaZmanim!

Thank you so much for taking the time to read this, and for the chizuk!

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Re: Eccentric Trip to Freedom

Posted by Grant400 - 29 May 2023 14:07

[EccentricComposer wrote on 29 May 2023 13:14:](#)

[Grant400 wrote on 29 May 2023 02:02:](#)

[EccentricComposer wrote on 29 May 2023 00:37:](#)

Wow, I feel honored, just keep up, maybe we should make a discussion chat about it, I think that would help keep the messages strong.

Absolutely. Let's go for it. Forum thread? Email? Text?

I think a forum thread could work the best, then other people could join along for the ride. What do you think?

Agreed. Start it up please!

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Re: Eccentric Trip to Freedom

Posted by true_self - 29 May 2023 14:44

[Grant400 wrote on 29 May 2023 14:07:](#)

[EccentricComposer wrote on 29 May 2023 13:14:](#)

[Grant400 wrote on 29 May 2023 02:02:](#)

[EccentricComposer wrote on 29 May 2023 00:37:](#)

Wow, I feel honored, just keep up, maybe we should make a discussion chat about it, I think that would help keep the messages strong.

Absolutely. Let's go for it. Forum thread? Email? Text?

I think a forum thread could work the best, then other people could join along for the ride. What do you think?

Agreed. Start it up please!

Absolutely great idea!!! looking forward Eccentric.

Thanks.

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Re: Eccentric Trip to Freedom

Posted by true_self - 29 May 2023 14:45

[Grant400 wrote on 28 May 2023 22:56:](#)

EC, between you and Captain, I've been convinced to start reading this book. I Downloaded a copy and will try to start iyh.

Thanks!!

Can you please upload a copy here so that others can download it as well.

Thanks in advance

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Re: Eccentric Trip to Freedom

Posted by Vehkam - 29 May 2023 14:48

[true_self wrote on 29 May 2023 14:45:](#)

[Grant400 wrote on 28 May 2023 22:56:](#)

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guardyoureyes.com/ebooks/item/the-battle-of-the-generation

please keep in mind that in this struggle there are no shortcuts. effort needs to be invested for any method to be successful.

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 29 May 2023 21:44

Couple quick points I want to address before starting the thread:

1) I am currently in the middle, should we start over at the beginning and make sure everyone stays together?

2) I don't know if a chapter a day is always practical, sometimes it is very long, should we split it up into smaller chalakim?

3) Should we try to make sure other people join along?

If you have any other ideas, please post, I want to get it up later tonight at some point, so I want to hear what other people think about this, I think it's going to be a great thing!

Thank you!

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Re: Eccentric Trip to Freedom

Posted by Grant400 - 29 May 2023 23:16

[EccentricComposer wrote on 29 May 2023 21:44:](#)

Couple quick points I want to address before starting the thread:

1) I am currently in the middle, should we start over at the beginning and make sure everyone stays together?

Your decision, your thread.

2) I don't know if a chapter a day is always practical, sometimes it is very long, should we split it up into smaller chalakim?

Even two lines, that has a point is enough per day.

3) Should we try to make sure other people join along?

Please write in the intro that everyone is encouraged to participate via posts etc.

If you have any other ideas, please post, I want to get it up later tonight at some point, so I want

to hear what other people think about this, I think it's going to be a great thing!

Thank you!

Let's do this!

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Re: Eccentric Trip to Freedom

Posted by true_self - 29 May 2023 23:50

[Grant400 wrote on 29 May 2023 23:16:](#)

[EccentricComposer wrote on 29 May 2023 21:44:](#)

"EccentricComposer" post=396388 date=1685396661 catid=19

2) I don't know if a chapter a day is always practical, sometimes it is very long, should we split it up into smaller chalakim?

Even two lines, that has a point is enough per day.

My opinion too.

Thanks Eccentric you are amazing, thanks for all the effort you put into this.

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 30 May 2023 00:39

Day 35,

The day everyone has been waiting for, I opened up the new thread, I hope everyone joins!

I started over again so everyone can stay together, please read the rules first.

Thank you!!!

guardyoureyes.com/forum/20-Important-Threads/396412-Daily-Dose-of-The-Battle-of-the-Generation#396415

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 30 May 2023 22:55

Day 36, super pumped about this new program!

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 31 May 2023 17:28

Just a quick update, B"h, everything is fantastic. I'm so glad I've been able to grow so much over the past couple months, and I really think my daily reading is a big part of what has been going well for me. But, its now time for me to go into a place of more Nisayon, I have an off-shabbos this week, so I'm hoping to delineate all the places where problems can crop up, and address them, and hopefully get some helpful feedback!

Problem 1- Airport: I generally am fine at the airport, but starting off on a negative note being

bombarded with inappropriate material is less than ideal.

Solution: I will take off my glasses for the extent of my time in the airport unless they are necessary. Just having them off and putting them on only when I need them will make sure I keep my eye on the ball.

Problem 2- Airplane: I don't know about everyone else, but I always have trouble holding myself back from peaking over seeing what that other guy is watching, which is always inevitable.

Solution: I don't really have a good one for this, try to learn, close my eyes and listen to music? I always struggle.

Problem 3- Computer: Though its basically completely filtered, no need to explain what could happen.

Solution: Text my accountability partner before I go on, and when I get off safely. Appoint a family member to be a shomer. Go on for a limited amount of time for only the specific purposes I am going on for, and when I am done to get off and not drift around. I only have a couple things I need to do, so hopefully I can get by this.

Problem 4- Material in other room: There are some magazines in the other room by me, not inappropriate, but enough to get me stimulated, I've had issues in the past.

Solution: Make sure I don't enter the room, this worked over Bein HaZmanim, b"h, and it should work now too. Any other suggestions will be helpful.

Thank you everyone, these are the things at the top of my mind, though you never know what the Yetzer Hara has in store for you. I hope to be able to update everyone with the good news on Monday that I made it through perfectly.

Also, last thing, I am going to reward myself when I make it through the off-shabbos, I don't know with what yet, but I will make sure it happens, if anyone wants to join me in this, even better.

Hatzlacha!

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Re: Eccentric Trip to Freedom

Posted by Grant400 - 31 May 2023 17:34

[EccentricComposer wrote on 31 May 2023 17:28:](#)

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Hatzlacha!

Brilliant! Prepare and conquer.

One more area of prep: Be ready to be overwhelmed with a desire at any given moment. Even the greatest plan goes to hell when the shooting starts. Prepare for the shooting and you'll do great.

Stop, take a breath, remind yourself of what's important to you, and move on.

Hatzlacha!

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Re: Eccentric Trip to Freedom

Posted by chancy - 31 May 2023 17:40

My best solution for the plane is to get a kosher movie to watch. It will block everything else out.

This is what i always do. I usually just find some national geographic on the plane and that keeps me busy for the ride.

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Re: Eccentric Trip to Freedom

Posted by EccentricComposer - 31 May 2023 19:22

[chancy wrote on 31 May 2023 17:40:](#)

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I have no way to watch movies, but I definitely hear your point.

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Re: Eccentric Trip to Freedom

Posted by Hashem Help Me - 31 May 2023 20:49

Bring to the airport and airplane something to keep busy with - a good book, crossword puzzles, etc.

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