

Newcomer

Posted by bradley smith - 17 Feb 2023 05:26

Hi everyone. I just discovered this site today and couldn't believe I hadn't heard of it before. I immediately signed up, how could I not? I've always wanted to share my story and I never found the opportunity. Here goes (deep breath..)

I am bH a married man with several yummy delicious children ka'h and an amazing stellar wife. I could go on and on about how blessed my life is. I have friends, chavrusas, parnassa, great family and in-laws, everyone's healthy bH etc.

As a bochur, I was a good boy. ("huh? what are you doing here??")

I basically never looked at anything improper (besides for maybe one or two times that I saw a pretty immodestly clad lady and thought innocently "hey she looks nice" and moved on without a second thought). It was always "beneath me"; something that I knew was prohibited and would become permitted and holy when I married. So my brain was kind of shut off to it. However, for as long as I can remember, I felt attracted to other boys in my class. Not everyone, just the really good looking ones. It got more and more intense as I got older and I would find myself having erections, sometimes daily, and I hadn't a clue as to what it was. Starting in my mid-teen years I would occasionally wake up wet, also totally unaware what it meant (need I mention I was quite sheltered?) Eventually, I learned about sexual attraction and would hear my classmates talking about girls. I suddenly realized that my, um, "obsession" with certain boys was not really the natural order of things. It drove me into sort of a panic, to the point that I was once relieved to wake up wet remembering that the dream from the night before featured girls instead of boys.

I don't remember when, but sometime in my mid to late teen years I watched a movie with an immodest pretty lady in it to convince myself that I could be attracted to girls (ummm...it worked).

I never had any form of sexual contact with anyone (boy or girl) until marriage. Neither have I self pleased.

After getting married to an amazing wonderful wife, things started changing slowly. We had a rocky start to our marriage and especially with intimacy. Here we are years later and it's still a struggle although much more stable due to intense therapy. However, the consistent lack of marital intimacy, and the stress of moving, leaving kollel to get a new job (a *wrenching* experience for many), having a new baby bH, and dealing with several frisky little ones with no idea how to parent, has driven me to find an outlet. I started going to the local libraries to find images and videos of girls doing things that I found arousing. Then, I got a job that necessitated having a computer and knowing the struggles I started having, I IMMEDIATELY put a filter on it. But somehow some things got through and the self pleasuring continued. My

Sometimes the driving force was anger. I was such a good boy! I didn't do anything wrong as a child! I was confronted with homosexual thoughts for YEARS and didn't act on them ONCE!! I

had never tasted sexual pleasure! And now after getting married and I saw and experienced it, it was abruptly taken away from me?! Why did Hashem do this to me?? It seemed like letting a kid have his first taste of ice cream and then grabbing it away.

I know these thoughts are heretical, but those were the thoughts I was having. I was so angry I acted out of desperation to get "Heavenly attention". Ironically, my wife had gotten more interested in intimacy and I was less interested because of my "excursions".

So now I find myself masturbating with just the memories of what I've seen. Each day that goes by without it feels like a week.

I want to scream and cry out to Hashem but I feel like the gates of Heaven are closed in my face. Hashem gives me so much and this is what I do?? I never thought it was possible for me to sink so low! I never suffered abuse as a child so theres no reason I should be struggling with this. Now its just pleasure. Sure, sometimes its to escape stress etc but many times its just pleasure. Like an animal! I wish I could cry, why am I not? Why isnt my heart filled with regret? I scared of all the demons I have created with wasted seed. I know teshuva is always possible but how can I do teshuva for real if I dont feel any deep regret?

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Re: Newcomer

Posted by Yeshayahu 41:6 - 24 Feb 2023 15:35

I also do something like that.. go over to the kid who was giving me a hard time and plant a kiss on his angelic sleeping face (even though when hes awake it aint always so angelic..)

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Re: Newcomer

Posted by Geshmak! - 24 Feb 2023 15:52

[Yeshayahu 41:6 wrote on 24 Feb 2023 07:10:](#)

6 days clean rabotai!

???!!!!!!

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Re: Newcomer

Posted by Yeshayahu 41:6 - 26 Feb 2023 01:50

Ok guys, for anyone who was sitting on shpilkes wondering if i would live to see another day when my wife found out about GYE, you can all breathe a sigh of relief. I spoke about it with her, telling her that its a group of bnei aliya discussing mens issues and sharing each others' struggles and successes. I did NOT reveal my struggles with M though.

She did however have trouble understanding one. Why the anonymity? Why cant we get to know each other by name, wouldnt that be so much more meaningful? So we're making an exclusive purim party for all members of GYE at our house details to follow.....

ok ok ok ok chill! im kidding!!

Women are different than men (i say that at the risk of being canceled) and they connect better when everyone knows everything about everyone so an anonymous forum is not understandable to her. But she was happy i found an oilum to connect with. She was always asking me to find someone out of the house to vent to.

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Re: Newcomer

Posted by iLoveHashem247 - 26 Feb 2023 03:15

Vent away brother

very happy that she is not giving you trouble about this.

what exactly did you say that it is doing for you though? Does she think it's just about davening with better focus and getting tips and tricks on how to learn better?

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Re: Newcomer

Posted by iLoveHashem247 - 26 Feb 2023 03:16

Also what's a shpilke

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Re: Newcomer

Posted by Gevura Shebyesod - 26 Feb 2023 03:54

[iLoveHashem247 wrote on 26 Feb 2023 03:16:](#)

Also what's a shpilke

English equivalent "on pins and needles"

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Re: Newcomer

Posted by Geshmak! - 26 Feb 2023 04:22

[Gevura Shebyesod wrote on 26 Feb 2023 03:54:](#)

[iLoveHashem247 wrote on 26 Feb 2023 03:16:](#)

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English equivalent "on pins and needles"

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Re: Newcomer

Posted by Geshmak! - 26 Feb 2023 04:26

[Yeshayahu 41:6 wrote on 26 Feb 2023 01:50:](#)

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BH! I'm so happy things worked out...H' should help further!

Btw I'm all in about Purim party... but just watch out cause when I get drunk your wife will find

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Re: Newcomer

Posted by Markz - 26 Feb 2023 05:00

[iLoveHashem247 wrote on 26 Feb 2023 03:16:](#)

Also what's a shpilke

A small Purim show.

The GDL was planning to mess our Shabbos but then they found out about Chapszem.

Chap?

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Re: Newcomer

Posted by Yeshayahu 41:6 - 26 Feb 2023 05:18

[iLoveHashem247 wrote on 26 Feb 2023 03:15:](#)

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Lol not quite. She knows that the focus is kedusha struggles i just told her that i found it to be a forum for men to get support with any issues like parenting stress or general worries. She doesnt know much more than that.

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Re: Newcomer

Posted by jackthejew - 26 Feb 2023 11:24

[Yeshayahu 41:6 wrote on 26 Feb 2023 05:18:](#)

[iLoveHashem247 wrote on 26 Feb 2023 03:15:](#)

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As a 22- year old Bochor, please take all this advice on dealing with parenting stress...

Warning: Spoiler!

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Re: Newcomer

Posted by Yeshayahu 41:6 - 26 Feb 2023 18:02

Wanna share some good news. Friday is often stressful by us, we're working on it but it could still be an ordeal. For the last month and a half or so, at the conclusion of a crazy Friday I would self pleasure before going to shul (great way to go into shabbos, no?). This past Friday was one of those crazy ones. I had a bit of a meltdown, a whole subject in itself, but as much as i wanted to release the stress with self pleasuring, I DID NOT! once again i felt empowered by the fact that we're in this together.

8 days clean bH, Imaala min hateva!

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Re: Newcomer

Posted by Eerie - 26 Feb 2023 18:27

[Yeshayahu 41:6 wrote on 26 Feb 2023 18:02:](#)

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I want to repeat: "I'maal min hateva!", my friend, you are a serious inspiration! Keep posting and sharing your powerful words with us!

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Re: Newcomer

Posted by iLoveHashem247 - 26 Feb 2023 22:15

You are amazing! That takes a lot of inner strength, I totally get the hectic Fridays thing. Have

lived that reality for years - but I've been working with HHM on planning ahead and working on our Fridays, and it's been very rewarding. Feel free to pm to discuss

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