

A cry for help

Posted by climbing1 - 22 Jan 2023 14:01

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Hi everyone! Me being an extremely shy person I was hesitating doing this but pushed myself anyway because I can use all the help I can get.

I guess my story is similar to a lot of us on here, found masturbation in my early teens, not even knowing what it is, just that it feels good. Started fantasizing about girls etc which is normal for teenage boys I guess but still totally assur. From there it went to porn and the addiction that comes with it and before long I couldn't stop. I developed fetishes and fantasies along the way and could never get out. Tried so many things but nothing seems to be working. Feel alone in my struggle and crushed for the person I became and for who I could have been had I said no a long time ago. Signed up to gye to be stop fighting alone and to reach out to fellow yidden for any help guidance chizzuk and tips you may want to share.

Thank you! Pm me for more details or to offer any advice.

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Re: A cry for help

Posted by Eerie - 22 Jan 2023 19:46

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Hi my holy friend! Yes, you are holy because you are here, if you weren't looking to do the right thing you'd find other things to do. You are amazing that even though by nature you have a hard time opening, but open you did, because you want to do what's right. You came to the right address my friend! Here we are brothers, we care about you, we want to hear from you, and we want to see you succeed. You wrote it so well, when you are here you are not fighting alone, the loneliness is in itself terrible and debilitating. So welcome, look around, there are many tools to learn, specifically in the f2f program, which you can access from the dashboard. Here on the forum there is much to learn, by me the greatest game changer was reaching out and talking to someone who understood me, supported me, directed me. When you are holding there you can PM me, I'll give you ideas. Keep posting my friend, tell us more about yourself and your struggles! And of course, keep trucking!

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