

i need mentor

Posted by hashemplease123 - 15 Jan 2023 01:10

hi i had a great streak of 230 days and just had a big fall need a mentor or a coach to talk to

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Re: i need mentor

Posted by chizuk613613 - 15 Jan 2023 02:09

I think the site has an option to get one.

Or reach out to Hashem Help Me as others have done. micheelgelner@gmail.com

Its terrible what happened but Amazing that you're recognizing the need to get immediate help. The feeling of frustration I feel ebbs away and it's so easy after few days to just think that's the past and I'll never do it again. I did that for years till finally reaching out for help. BH once I did, the results were amazing.

Hatzlacha

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Re: i need mentor

Posted by Icanbreakfree - 15 Jan 2023 03:04

230 days!!!!

Dont let 1 day knock you down!

Incredible!!!

definitely speak to HHM!!!

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