

My Story, Being Honest For Once

Posted by ilovehashem247 - 22 Sep 2022 01:20

Hello, Friends.

My name is iLoveHashem247. I am a married man with a supportive wife and three wonderful kids. Looking at my life from an outsider's perspective, you'd think I have it all. I own a renovated home on my own private road with lots of land, run my own business with which i support myself, am fortunate to be able to learn many more hours a week than i work, and am a popular and recognized member of my community - and I'm not yet 30 years old. But all this comes with a price tag - a lifelong struggle with addiction, mostly with marijuana and risky sexual encounters.

I had girlfriends in high school before becoming BT, and had shmirat habit challenges, like most teens. I struggled with SB and engaging in sexual activities at massage parlors but was able to be clean for at least 6 months before marriage. during my wife's pregnancy with our second child, i unfortunately reverted back to my pre-BT habit of recreational marijuana during the stress of a second pregnancy (the first one outside of the shana rishona "infatuation zone"), which in turn let down a rabbit hole of other issues... i had recently been visiting massage parlors, not for the sexual experience (i do not engage in any "happy endings" anymore, rather when i do succumb it is for the exhibitionism that i can indulge in without making a massive chillul Hashem). I am also very disappointed to admit that i had a sexual encounter with a shiksa who picked up a business card i had left at a restaurant i ate in, she sent me lewd photos and we met up one time (sept 12, '22) where she performed oral sex on me.

I am struggling to break out of these addictive patterns - i have recently filtered my home office desktop, my work laptop, and my smartphone i use to run my business (main issue was watching movies and free "live cams"). The crazy thing is that i am a person who has made such amazing changes in my life - in many ways, I am the kind of person i look up to and always wanted to become - but it is the sticky residue of my past life that I'm having such a hard time getting rid of.

I am sick of who I've secretly become and the double life i am living.

I want to be fair to myself, honest and equitable with my wife, and and terrified of the shame i will face when standing before my Creator on my day of judgement.

Well, that was deeply revealing and I have revealed to you, fellow strangers, that which i have not even revealed to my wife. To be fair though, i have been fully open with her regarding the guarding of eyes and marijuana addictions, but have never ever discussed the massage parlor or infidelity.

HELP!

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 14 Dec 2022 23:11

By the way this all happened while my wife had been niddah

she still is

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 18 Dec 2022 03:47

First day of chanukah is 90 days clean from massage parlors

not sure how to celebrate other than continue to revel in the glorious new life I have discovered

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Re: My Story, Being Honest For Once
Posted by Vehkam - 18 Dec 2022 05:35

[iLoveHashem247 wrote on 18 Dec 2022 03:47:](#)

First day of chanukah is 90 days clean from massage parlors

not sure how to celebrate other than continue to revel in the glorious new life I have discovered

Dance! When you light the menorah and sing the relevant songs don't forget to have your victories in mind. Mazel tov!

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Re: My Story, Being Honest For Once
Posted by Hashem Help Me - 18 Dec 2022 12:21

[iLoveHashem247 wrote on 18 Dec 2022 03:47:](#)

First day of chanukah is 90 days clean from massage parlors

not sure how to celebrate other than continue to revel in the glorious new life I have discovered

Come on over and i will give you a geshmak kosher massage!

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 18 Dec 2022 21:36

day 89

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Re: My Story, Being Honest For Once
Posted by ytw - 19 Dec 2022 01:39

[iLoveHashem247 wrote on 18 Dec 2022 03:47:](#)

First day of chanukah is 90 days clean from massage parlors

not sure how to celebrate other than continue to revel in the glorious new life I have discovered

wowowow, I'm so happy for you.

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Re: My Story, Being Honest For Once

Posted by ytw - 19 Dec 2022 01:39

[iLoveHashem247 wrote on 18 Dec 2022 03:47:](#)

First day of chanukah is 90 days clean from massage parlors

not sure how to celebrate other than continue to revel in the glorious new life I have discovered

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Re: My Story, Being Honest For Once

Posted by Teshuvahguy - 19 Dec 2022 03:00

I'm so happy for you. Revel as much as you want and keep the positivity going!!

TG

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Re: My Story, Being Honest For Once

Posted by iLoveHashem247 - 19 Dec 2022 03:15

So I am still suffering great anguish from the situation last Shabbat when a very chashuv individual embarrassed me in public...

trying to resolve the situation but my Rav is unreachable (out of the country)

the chashuv person sent messengers to check on where I disappeared to and made a halfhearted effort himself which I tried following up on today and it didn't go anywhere

im not a bad person and hate machloket

i do not understand why Hashem is putting me through this test

the pain and suffering of holding my tongue and trying to avoid machloket and Lashon Hara is so powerfully hurtful that the combined pain of the past week is even worse than the initial encounter

what lesson is Hashem trying to reach me? I'm in so much emotional pain...

on the other hand, my wife told me today that she feels true shalom now for the first time in our marriage...

in pain, hurt, and confused... yet hopeful for something?

something like this once happened to my wife and she met me right after, but I'm already married and want to spend the rest of my life with her so what am I even lacking? I'm lacking nothing!

so what's the point of this test?

ouch...

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Re: My Story, Being Honest For Once
Posted by Teshuvahguy - 19 Dec 2022 03:32

Maybe the point of the test is the amazing example you are setting for all the people reading how you are avoiding loshon hara and machloket despite the intense stress and pain it is causing you. That is heroic behavior and middos. You inspired me. I'm sorry for your pain but I am bursting with pride for your self control in a painful situation. And the shalom your wife expressed? For the FIRST TIME IN YOUR MARRIAGE...that's platinum, my friend. You are winning left and right and inspiring others.

TG

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Re: My Story, Being Honest For Once
Posted by Geshmak! - 19 Dec 2022 04:08

I feel your pain brother!!

H should help this whole situation should end easily and good bekuriv!

just want to post a joke I read from r'fishel shachter... basically a guy comes up to the next world and they tell him your record is not so clean u need to go through some gehinnom to get your gan Eden, but will give u a choice you can pick to go to the litvishe one or the chassidishe one.

he asks what's the litvishe one? They tell him 120 degrees and goes from Monday to Thursday.

and the chassidishe one?

180 degrees and starts Sunday morning.

He says I want to go to the chassidishe one.

they ask why???

he replied-because by the chasdim 180 is not 180 and Sunday morning is not Sunday morning

now all jokes aside he says a powerful story of a chusid that came to the slonimer rebba in a dream and said that gehinnom is no laughing matter.

so the rebbe asked so what's the etzah??

he replied I can't reveal much but I can say that there are two groups of people: one- people that even in their most trying moments accepted that was going on in their lives was hasshgachah.as tough as their situation was they still were not shaken from their belief that nothing happens by chance.

and the other is the individuals who when things were going well in their lives never lost sight that each day is a separate gift from H and whatever brachah they have could be recalled in a flash.

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**FOR THOSE TWO GROUPS REGARDLESS OF WHAT GEHINNOM IS ASSIGNED TO THEM
YOU WILL NEVER FIND A MALACH WILLING TO TAKE THEM THERE!!!**

I find this story so powerful and it's so important to remember in every situation... keep it up buddy,you are so inspiring!!!!

btw how'd you celebrate?? Did you go over to Hhm to get a message and does he do a good

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Re: My Story, Being Honest For Once
Posted by iLoveHashem247 - 19 Dec 2022 04:27

Ty for the chizuk geshmak!

Going to celebrate with mikveh night on day 91 BH

no strings attached

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Re: My Story, Being Honest For Once
Posted by Geshmak! - 19 Dec 2022 04:32

[iLoveHashem247 wrote on 19 Dec 2022 04:27:](#)

Ty for the chizuk geshmak!

but I did tell my wife I could use a nice half hour massage
Going to celebrate with mikveh night on day 91 BH

no strings attached

Lol! Enjoy!!!

H' loves you!!!!

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Re: My Story, Being Honest For Once
Posted by Human being - 19 Dec 2022 04:35

[iLoveHashem247 wrote on 19 Dec 2022 04:27:](#)

Ty for the chizuk geshmak!

Going to celebrate with mikveh night on day 91 BH

no strings attached

Quite appropriate I would say, as long as your not 'kosher lustin' as the celebration. :-) I'm sure your wife will notice how much you changed. Good for you! I'm happy for you.

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