My Story Posted by Yingerman35 - 15 Sep 2022 18:52

Hello,

I am new here this is my first port,

I am 35 years old married BH to an amazing wife,

I am struggling with something that has been part of me for 20 years

no one in the world knows about this,

I have an addiction / fetish for women that shave their heads,

this is all I think about all day and it causing me to masturbate often

it bothers me but i am getting so much pleasure.

I need help and want to be helped.

Re: My Story Posted by Kavey - 15 Sep 2022 19:31

You've come to the right place! Is this just fantasies in your head or looking at pictures/porn?

Re: My Story Posted by Yingerman35 - 15 Sep 2022 19:33

looking, watching,

the thing is i dont look at watch porn, just the fantasy gets me to masturbate

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Re: My Story Posted by Yingerman35 - 15 Sep 2022 19:36

meaning i watch women shaving their head and look at pic, but not porn

Re: My Story Posted by Kavey - 15 Sep 2022 20:28

Thanks, I was hoping it was just fantasy without stimulation from pictures.

We're actually very similar. I'm also 35 and have been struggling for about 20 years though with porn and masturbation.

Baruch Hashem with the help of this site, I've been able to be sober so far for almost 4 months. There's hope!

Re: My Story Posted by YeshivaGuy - 20 Sep 2022 02:07

Welcome!

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What have you tried in the past?

Re: My Story Posted by excellence - 29 Sep 2022 12:46

Welcome,

Youv'e certainly come to the right place. Pls check out the many threads here. articles. books. shiurim. vids. etc.

and if your courageous pick up the phone too....

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