

New here

Posted by Strugg - 06 Sep 2022 22:59

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Hey all I'm new here trying to get chusik and trying to stop and getting better

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Re: New here

Posted by Zedj - 06 Sep 2022 23:38

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Hi welcome!

you've come to the right place.

Keep snooping around the site and forums.

What do you want to stop?

What are your goals?

What have you tried in the past to break free?

Have you ever spoke with someone about your struggles?

Wishing you hatzlocha and success in your journey.

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Re: New here

Posted by Strugg - 06 Sep 2022 23:49

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Want to stop masturbation and doing things that causes it and going to places

tried in the past on my own long time ago in yeshiva had a friend that we spoke about it to stop but it only lasted 4 weeks

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Re: New here

Posted by Lchaim Tovim - 07 Sep 2022 14:16

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[Strugg wrote on 06 Sep 2022 23:49:](#)

Want to stop masturbation and doing things that causes it and going to places

tried in the past on my own long time ago in yeshiva had a friend that we spoke about it to stop but it only lasted 4 weeks

Hey, welcome! You've come to the right place.

4 weeks is awesome Stick around, browse the forums and keep posting.

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Re: New here

Posted by Hashem Help Me - 07 Sep 2022 20:03

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Welcome. It should be with hatzlocha. Stay connected and iyh you will progress.

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Re: New here

Posted by Tszuva - 08 Sep 2022 16:49

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Great Place.

Stay Strong!!

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Re: New here

Posted by happyboy - 09 Sep 2022 19:08

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also new here hope for the best

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Re: New here

Posted by ?????? ?????? - 15 Sep 2022 00:32

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Check out some of the resources in my signature if they can help. They'll help a lot with shemirat einayim with the internet bdavka if that's your issue.

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