help is needed
Posted by yehuda0524 - 30 Aug 2022 03:27

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Hey im really new to this program

Im 23 years old and have been battling with porn and masturbation for about 10 years.

I recently got married and was sober for about two months until old habits started creeping in once again. Its really painful for me because i see

the potential these behaviors can have on a marriage. it makes me feel real down and ashamed. I just want to live my life with clarity of mind and be able to just build beautiful relationships with hashem and all those i love.

Ive really tried to limit my access but there is always what to be found if ur searching

I have been working with a therapist and he recommended i turn to gye.

Just reading other peoples posts makes me feel like im part of something and that i might just be normal

I hope with hashems help this can be my guiding light in this everlasting darkness

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Re: help is needed
Posted by yehuda0524 - 02 Sep 2022 16:44

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Welcome home.

Always here for you if you need.

Reach out anytime

Thank u sooooo much. I really appreciate it. It means so much to me

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Re: help is needed
Posted by ????? ????? - 02 Sep 2022 17:41

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It sounds like you already have a filter but it isn't stopping you and truthfully no filter is 100% accurate. But would you be open to getting an accountability service if you don't already have? There's webchaver which you can get for free, and when you have it installed on your computer it takes away your desire to even search for any type of shumtz because it will get reported through the screenshots, which can catch offline and online explicit content, and the DNS tracking which tracks and records ALL internet traffic on your computer. This means that your searches are tracked and recorded, and the A.I. analyzes them for any inappropriate terms or any terms that may yield inappropriate content even if the content doesn't show up because you have a filter. The way the free webchaver subscription works is that you will get charged for even attempting to look at any type of shumtz whether on youtube or on a p website (or any other websites those were just specific examples), and while this is reported by A.I. it's reviewed by an actual person to verify. You can also add people who can get these reports. Check out my signature for the instructions on how to get it for free and how to set it up without loopholes if you're interested.

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