Hello! :) Posted by AriMonsey - 17 Aug 2022 02:18

Hi! I'm new here. I hope we can help each other and give chizuk all together!

TYH for this forum!

Ps. My chat is open to anyone who wants to shmooze or needs some chizuk.

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Re: Hello! :) Posted by Vehkam - 17 Aug 2022 02:27

welcome!

Re: Hello! :) Posted by Captain - 17 Aug 2022 03:36

Welcome! Ari.

Please check out these great free resources:

ebook- The Battle of the Generation

Audio series- The Fight

They're very good to start with.

See below in my signature for the links.?

Hatzlocha!

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Re: Hello! :) Posted by bisyata dishmaya - 17 Aug 2022 04:23

Hi and welcome! Warning: Spoiler!

Re: Hello! :) Posted by gold45 - 19 Aug 2022 01:05

welcome!!

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Re: Hello! :) Posted by ColinColin - 21 Aug 2022 22:46

Welcome Ari.

You are like the lion you are named after - brave to do something about improving yourself by joining this Forum.

Learn from the forum, and above all do not be too tough on yourself.

Be positive, seek encouragement, and when tempted, take deep breaths and use mindfulness.

Re: Hello! :) Posted by Superman1 - 22 Aug 2022 00:55

How do we chat?

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Re: Hello! :) Posted by abe11219 - 22 Aug 2022 20:40

thank you

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Re: Hello! :)

GYE - Guard Your Eyes

Generated: 14 August, 2025, 13:43

Posted by abe11219 - 08 Sep 2022 18:39

what do you mean?

Re: Hello! :) Posted by sky123 - 08 Sep 2022 18:48

Hi! I'm new here

Re: Hello! :) Posted by DavidT - 08 Sep 2022 20:21

sky123 wrote on 08 Sep 2022 18:48:

Hi! I'm new here

Welcome to GYE! Please post more details about your journey so we can work together to strengthen each other as a great team.

Re: Hello! :) Posted by wanttogethelp - 08 Sep 2022 23:17

Hello, I need a copilot to help me on my journey with Flight to Freedom Program

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