Regular Kollel Guy Posted by regular kollel guy - 23 Jun 2022 03:47

I wanted to introduce myself. I am a regular kollel guy. I have a beautiful family and a great marriage! I am a good dad and a loving and kind husband. However I struggle occasionally with porn and masturbation. I can go weeks and months without much difficulty basically because I am busy learning and raising my family. Then I will have some triggers and serious temptation and fall only to pick myself up again after a day or two and start all over again.

Recently I fell after an over 100 day streak and decided to start posting to help with my struggle. I have been on this special website many times and have gained tremendously from this site. In particular I have learned so much from other guys posts. I have picked up tons of insight and knowledge into the difficulties of this struggle plus skills and tools to fight the battle. THANK YOU!

Some of the guys who post are true experts in understanding people and human relationships. There is real chochma and seichel hayashar to be found here. Please keep posting.

Too be continued....

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Re: Regular Kollel Guy Posted by regular kollel guy - 04 Jul 2022 04:26

Great point! I thought it over and came to the conclusion that these thoughts only make me feel depressed meaning its the work of the yetzer hara. I will try to shut out these thoughts and move on but it can be difficult sometimes.

Re: Regular Kollel Guy Posted by regular kollel guy - 04 Jul 2022 04:28

That was in response to Vehkam

Re: Regular Kollel Guy

GYE - Guard Your Eyes

Generated: 15 July, 2025, 07:25

Posted by regular kollel guy - 04 Jul 2022 04:36

I would like to add out of honesty not modesty that I do feel like I see siyata dishmaya in my learning over all. Many times I have had extra hatzlocho even the day that I have fallen. I guess that proves all the feedback I have received is accurate. I will try to use this fact as a means of inspiration. Thank you all

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Re: Regular Kollel Guy Posted by ty645 - 04 Jul 2022 15:24

Thanks for this, I feel the same way

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Re: Regular Kollel Guy Posted by Steveblum - 04 Jul 2022 16:53

i make sure to study this steipler once a week its so powerful and keeps me focused, even if i slip a little i keep on giving myself credit for the fights i had and didn't fall.

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Re: Regular Kollel Guy Posted by needsomechizuk - 04 Jul 2022 21:37

Very powerful piece from the Steipler. Thanks for sharing!