

TAKING OFF MY MASK

Posted by No Mask - 30 Sep 2021 22:24

Hi everyone.

I'm here for a few months but I didn't post about myself, and I decided to take that step. I still remember the first time when i emailed GYE I was trembling it was the first time I told someone my secret.

I am in my thirty's and I am struggling from about age 10 and never told a person I just suffered in silence.

When I was a kid one day I was going home from school and there was a CD playing on the bus of a kid singing and I got all funny type of thoughts and feelings and since then i had cravings to be together with someone physical and I would have a friend that I would have my hands on his shoulder and it was I my mind all day and night. But I felt stupid bad but I didn't know what to make of it.

i remember when I was 13 I learned reishis chachmah and went crazy and came in to a shul in Brooklyn where I lived at that time and the rov came over to me if I'm ok because I look like I'm fainting.

Then I went to mesivtah and I started working on myself good days good hours bad days.. and so on.

And at about age 15 it changed to girls.

b"H I never watched porn but I did try to look at pictures and love videos and mainly on the street and fantasizing..

And I just went crazy. I was a very good boy a masmid lamden i was considered from the top boys but I felt like I have this big mask.

I had a chart that I filled in if I masturbated if i careful with my eyes, and I had knosos I had to pay, I always left over one thing from super and lunch to show my self that I don't have to give in to my temptation, cried and davend etc. And it didn't help much I used to try at least half my day should be good Rov. And I am not going to bore with the rest I'm sure a lot of you guys can finish the rest. (Which I didn't know at that time)

but the hardest thing was my MASK and that I knew i will never come out of hell.

I had very judgmental parents which didn't make it any easier. And I never felt comfortable in there presence because it should not leak out to them

I wanted to end my life because I felt I'm doing more damage then good.

The rest to continue

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 08 Jun 2022 23:25

WOW !!!

We have half a minyan already

[Shmuel](#)

[eyes](#)

[Dave M](#)

[committed_togrowth](#)

[No Mask](#)

and as always [Hashem Help Me](#) came to be m'tzoref for minyan.and i see [Vehkam](#) came too.

And I'm sure that hashem is m'tzoref too, so we are almost there

Hatzlacha to all !!

=====
=====

Re: TAKING OFF MY MASK
Posted by sleepy - 09 Jun 2022 02:37

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

I cant commit to two weeks but i can commit for the next 24 hours!

i cant commit to 24 hours, but i can commit to today.(bln)

=====
=====

Re: TAKING OFF MY MASK

Posted by sleepy - 09 Jun 2022 03:14

[sleepy wrote on 09 Jun 2022 02:37:](#)

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

I cant commit to two weeks but i can commit for the next 24 hours!

i cant commit to 24 hours, but i can commit to today.(bln)

lets be honest, we dont deserve credit for the hours when we're asleepy

=====
=====

Re: TAKING OFF MY MASK
Posted by Vehkam - 09 Jun 2022 03:15

You are always a sleepy and take any credit you can....!

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 09 Jun 2022 04:14

[sleepy wrote on 09 Jun 2022 03:14:](#)

[sleepy wrote on 09 Jun 2022 02:37:](#)

[Shmuel wrote on 08 Jun 2022 20:47:](#)

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

I cant commit to two weeks but i can commit for the next 24 hours!

i cant commit to 24 hours, but i can commit to today.(bln)

lets be honest, we dont deserve credit for the hours when we're asleepy

????"? ????? ????????? ????? ??? ??????

??? ????????? ????? ?? ??? ??? ??????

So you got the sleeping slot in the minyan

=====
=====

Re: TAKING OFF MY MASK

Posted by No Mask - 09 Jun 2022 04:21

[No Mask wrote on 07 Jun 2022 21:54:](#)

DOES ANYONE WANT TO JOIN ME FOR 2 WEEKS KEEPING OUR EYES CLEAN

DAY 2# Wed. June 8

B"H VERY GOOD

If yours was good too , join me by hitting the thank you tab

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 10 Jun 2022 13:01

DAY 3# Thursday. June 9

B"H VERY GOOD

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:02

DAY 4# Friday. June 10

B"H VERY GOOD

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:02

DAY 5# ??? ?????. June 11

B"H VERY GOOD

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 12 Jun 2022 05:24

I heard this story,

The Bais Aharen from Karlin said, why am I more than my friends, because when I go on the street and I come home B'shalom I give a l'chaim

Meaning most of us recognized and appreciate big steps, but just going on the street once, and you didn't look etc. going on the internet and I didn't look for... we don't celebrate that. And he said what made him into who he was, that he celebrated even one victory in watching his eyes

There is a lot of depth to this story

=====
=====

Re: TAKING OFF MY MASK
Posted by No Mask - 13 Jun 2022 19:16

DAY 6# Sunday. June 12

B"H VERY GOOD

=====
=====

Re: TAKING OFF MY MASK
Posted by connected - 13 Jun 2022 20:03

[No Mask wrote on 13 Jun 2022 19:16:](#)

DAY 6# Sunday. June 12

B"H VERY GOOD

I hope I can still join.

I'm adopting the following Pasuk as my own "????? ????? ?????? ???".

(Till I find one that speaks more to me...)

=====
=====

Re: TAKING OFF MY MASK

Posted by No Mask - 15 Jun 2022 04:08

DAY 7# Monday. June 13

B"H VERY GOOD

=====
=====

Re: TAKING OFF MY MASK

Posted by No Mask - 15 Jun 2022 04:09

DAY 8# Tuesday. June 14

B"H VERY GOOD

=====
=====