

Long Time Free, then slight hiccup

Posted by Yaakov5782 - 17 Aug 2021 13:58

Shalom Chaverim! BS"D

I had a period of about two years where I was free from masturbation and free from looking at porn. I had no lustful thoughts toward women only respect and good positive vibes—no urges either. I urge to masturbate hardly gave me a peep.

Anyway, I reverted a bit in the past few months. I was having some health troubles. I had to stay home in the couch for many weeks. I was at my parents house and naturally it was hard to resist the urge to watch TV which I don't normally do at all except for an occasional movie or show with my parents.

TV, with its dolled up actresses, constant inuendo and predictable erotic scenes...one thing led to another and my stretch ended. For a couple of months until June I was alright. Then, while I was surfing something completely unrelated, a very enticing advert came up. I was fine for a couple of weeks but in a weaker moment I remembered the advert and...one thing led to another...it's been spotty every couple of weeks now since June.

I am interested in finding a partner or a couple of partners, but people who don't struggle too much as listening to the woes of someone really struggling disturbs me to the point of not helping me or them.

I was shy at first and not entirely enthusiastic about posting here and joining this forum but it feels good to have some Jewish brothers to rely on and be helped by. Looking to help where I can.

Yaakov

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