

my struggle

Posted by Tzafon1 - 19 Jul 2021 16:14

I've been hanging around guard your eyes on and off for some time but just now I have pushed myself to become more active and start posting.

I have been struggling with pornography and Sh"Z since my mid teens. My main nisayon with pornography is when I'm at home during bein hazmanim. There are several people in my family who have unfiltered devices that I often borrow. I struggle with Sh"Z in yeshivah as well.

I recently bought myself my own properly filtered computer which will help me to stay away from anyone else's computer.

I am also trying to keep myself busy with kosher activities over bein hazmanim. I really hope that with these efforts and with GYE I can turn over a new leaf.

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Re: my struggle

Posted by DavidT - 19 Jul 2021 16:25

Welcome!

?You have already turned over a new leaf. ??? ????? ??????? ?????

Ultimately, only Hashem can overcome the struggles for us. As Chazal say: "If Hashem doesn't help him, he cannot overcome him" (the Yetzer Hara). But, in order for Hashem to fight for us, we need to know that we can't do it alone, and we need to reconnect with Hashem in a very fundamental way and learn a complete dependency on Him; much as a one day old baby depends on its mother.

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Re: my struggle

Posted by Captain - 19 Jul 2021 18:53

Welcome! Why don't you check out The Fight (audio series by Rabbi Shafier) and The Battle of

the Generation (ebook)? Links are below in my signature.

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Re: my struggle

Posted by HappyYid - 19 Jul 2021 20:09

Hi,

Welcome!

Glad to have you here posting. It does wonders.

Keep them coming.

Best of luck

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Re: my struggle

Posted by dovidfg - 20 Jul 2021 00:27

Welcome to the battlefield. Its much easier once you post(at least for me). Posting with other people struggling and hearing chizzuk really helps. Im clean 8 days for the first time in a while all because the chizzuk i got from this site. I feel like a different person already.

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