

Again

Posted by nochamol - 21 Mar 2021 13:51

Well, here I am at this holy place telling me (and even yelling at me...) "guard your eyes".

Let me start with sharing my story - in short - with you, I'm a 27 year old chassidishe yungerman, chassidishe yungerman I said? many would consider me a chanyokishe yingerman, either way, I'm also addicted to sex and porn.

it all started, ummm, I don't really remember when but years and years, since I was little I remember myself fantasizing and lusting, as soon as I got married, although telling myself that all will get better afterward, but nothing improved it only got worse especially after being introduced and exposed to the internet with all it's harms it has to sell, I've been through a long long journey until with Hashem's help I arrived here at GYE where I hope to him that I'll finally get helped to recover from my addiction and get nearer to him once **again**

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Re: Again

Posted by Captain - 22 Mar 2021 13:11

Welcome! Why don't you try out these great free resources?

Great free resources:

My favorite book for breaking free: The Battle of the Generation

guardyoureyes.com/ebooks/item/the-battle-of-the-generation. Change your attitude and change your life!

Rabbi Shafier's incredible lectures on breaking free: The Fight. Download here:

theshmuz.com/series/the-fight/

Hatzlocha!

Edit: If the links don't work, please try the links below in my signature. For some reason, the app is messing up the links.

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Re: Again

Posted by YeshivaGuy - 22 Mar 2021 14:19

Welcome home!

It takes a lot to come here, very impressive.

May you be matzliach and keep being moser Nefesh for tahara v'kedusha.

YeshivaGuy

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Re: Again

Posted by nochamol - 22 Mar 2021 14:52

[Striving Avreich wrote on 22 Mar 2021 12:51:](#)

If ??? ????? ????? ??? ??, what are you going to do to stay sober? What is the plan of action?

Well, let me quote my own words from earlier this morning:

I will decide with the utmost absoluteness that from now on I will try my best to stay sober, to beseech my god and try to do his will only, forever.

Now the question is how will I decide and what will I do to reach my goal? Ok so here comes the challenge, I have to ask myself Why are you here and what's your goal, do you really want to quit and give up on your old bad habits? and my answer has to be with full honesty, because if I'm not completely ready to give up my old self I know that I'll never succeed, I'll stay in my current situation in best case scenario or fall even deeper c"v, now, I can answer that I'm ready to give up and start anew, but if it's big talk only it will remain talk only, I must totally give up my old lifestyle here and now with no other option and I must be totally honest with hashem, with you guys and most importantly with myself.

So now let me get to myself and ask me this question, hear the answer and I'll be back with further plans.

CU all.

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