

restarting

Posted by bochur22 - 22 Dec 2020 04:03

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hi, everyone.

I'm a 22 year old bochur who has been struggling for almost 10 years now. i've tried to stop multiple times, including through GYE, but i was never consistant about it, especially in restarting once i fell. hopefully this time i'll have more success.

i want to write up my story sometime, but right now i can't do it. also, it isn't really so exciting - just the regular getting caught up on the internet etc. but at least that'll hopefully keep bringing me back to this website & forum to update consistently... (which i think is my biggest weakness).

today is day #1 of my 90 day challenge. the most I ever counted was 60 days clean a few years ago, after which I fell and kept falling. if I make it even to 10 days this time I will consider it an accomplishment (based on my record since then).

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Re: restarting

Posted by Hashem Help Me - 08 Nov 2021 12:30

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Very well written tzaddik. Get in touch by email with some successful guys here; let them help you design a plan. Hatzlocha!

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