

Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 01 Dec 2020 21:09

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I just joined GYE a few minutes ago... I'm a very frum Jew in yeshiva and In a relationship with a very frum girl... never thought I would be posting about this but I'm here today struggling... I'm in the midst of a very meaningful and emotional relationship... can't learn as well nowadays... looking for anyone with similar challenges... can anyone relate?? About my relationship- it all happened accidentally... never thought talking to a girl for a few minutes can cause so many challenges...now It's been many months... we're both super frum and relate to each other extremely well... we share a lot a lot a lot of similarities... feels like I met my twin ... now trying not to meet in person... after meeting several times and falling with shomer negiah...can anyone relate to my situation?! Any comments ??? Please... I'm looking for  
I'm a very unique guy... very emotional.. and loves learning with all my heart... I'm a big learner and want to be good.... just struggling with an intense relationship... besides that sometimes very rare I do fall to porn... and to m"zl.... looking forward to hearing from you all!!!

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Re: Boyfriend-girlfriend relationship

Posted by Shtarkandemotional - 13 Jan 2022 03:13

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Hey all... this is a nice powerful lesson...

"Tried everything"

Shmuel - has a struggle with porn.. he gets triggered and falls every now and then... he can't seem to overcome this struggle.  
support

Yehuda- a supportive friend.

This is a conversation that took place between shmuel and Yehuda..

shmuel- "I keep falling I'm so depressed I can't do this anymore"

Yehuda- "it's never too late keep trying"

Shmuel- "but I tried everything nothing seems to work"

Yehuda- "wow that must be so hard"

A couple hours later...

Shmuel- "I think I can do this.."

Yehuda- "wow! So nice what will you do differently"?!

Shmuel- "I'm gonna get a stronger filter"

Yehuda- "but this is your 6th time doing that."

Shmuel- "yea but maybe this time it'll work"

Yehuda - "if someone gave you 1 million dollars if you stop watching porn for the next 365 days... is that all you would put in place to make sure you don't fall?"

Shmuel- speechless.

Yehuda- that's how you know if a plan has a good chance... that's how you know when you tried...

Shmuel- hmm...

Yehuda- is suffering from porn with all the misery for years worth less then 1 million dollars?

Shmuel- no, way more then a million.. the pain is so way more intense...

Yehuda- if for a million dollars you'd do a lot more then the above plan...to take someone out of the deep ocean to happy free person shouldn't we Forsure do the same?

Lesson is -

Guys, you know when you tried- if you were to get 1 million dollars if this plan succeeds for 365

days.. would the plan just be a better filter?

Or.....

would it be a clear concise plan that blocks every trigger, every possible thing that can lead to a fall, a plan with motivation. With willpower...

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Re: Boyfriend-girlfriend relationship  
Posted by Human being - 13 Jan 2022 07:31

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Thats a great outlook! love it

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Re: Boyfriend-girlfriend relationship  
Posted by future gadol - 19 Mar 2023 04:50

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Hey fellow yeshivish bachor,

I can't believe it I never thought I would meet someone in the same exact position as me, like mammash I have the same problem. I met a girl 2 years a girl over the phone and only spoke for 5 min and that was enough to trigger a serious relationship. We both love each other Immensely we can't stop talking to each other. Tried not to go out but failed, and was nichsahl very badly in shomer negiah. We took a break for while and yet again came back and this Repeated itself many times. The only thing I have to tell you is just wait for the right time till than work on your connection with hakodosh Baruch hu

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Re: Boyfriend-girlfriend relationship  
Posted by future gadol - 19 Mar 2023 04:52

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It's crazy I have mammash the exact problem as you

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Re: Boyfriend-girlfriend relationship  
Posted by Emes-a-Yid - 19 Mar 2023 05:10

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[future gadol wrote on 19 Mar 2023 04:50:](#)

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Hey sorry to hear your rough times, just wondering which user your speaking to? Because the last reply was over a year.

Maybe make your own thread and people can comment directly to you, although you may write here since you got inspired or so, the user may be inactive. Hatzlacha

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Re: Boyfriend-girlfriend relationship  
Posted by jackthejew - 19 Mar 2023 17:05

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[Emes-a-Yid wrote on 19 Mar 2023 05:10:](#)

[future gadol wrote on 19 Mar 2023 04:50:](#)

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I believe he stopped in recently. But we miss him anyways.

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Re: Boyfriend-girlfriend relationship  
Posted by Trying The Best - 20 Mar 2023 04:01

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Reb SAM!

I just finished reading your entire post from beginning till here. What's up?!? Where is life up to?

I want hear...

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Re: Boyfriend-girlfriend relationship  
Posted by Shtarkandemotional - 20 Mar 2023 22:01

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Hey all!

Thx for the kind words

life has gotten so busy so it's been hard to make my way here. Bh I'm doing well. Still going strong with my relationship! Things got complicated and families weren't happy with the shidduch so we're still working on getting married.

shomer negiah has been super tough but we've gotten back up strong in November time and pulled through till now despite the immense pain!

@at future gadol - it sounds like your going through something similar! Stay strong and feel free to reach out I have some tips! All the best remember at the end we'll be proud we pulled through!

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Re: Boyfriend-girlfriend relationship  
Posted by 1084 - 21 Mar 2023 01:42

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[YeshivaGuy wrote on 02 Dec 2020 01:53:](#)

Hey, welcome!

I'm gonna speak my mind abit, and please forgive me if I'm being too forward.

listen, I'm from a modern background, I've had shaychus to girls...

I know it's beyond hard to resist, especially the emotional aspect. And feeling like u got so much in common! Ah, yup I've been there...

But u should know the Emes, even if ur not yet holding by living with it.

The Emes is that in the long run life will be much better etc if you wait until your married/dating to engage in such a relationship (I'm not even discussing Halacha, I'm talking about Olam Hazeih).

Honestly, it's not like I'm perfect myself, though I've become frummer, I'm still nichshal once in awhile and talk to a girl (though have been doing way better bh), so I'm not giving mussar, I'm just sharing my thoughts as a friend who understands...

The problem is you feel so emotionally attached/invested, and it would be so so so super insanely hard and painful to make up with her to wait/pause the relationship for the time being.

I understand buddy.

Theres different eitzos we can discuss bezras Hashem, if you're interested...

I hope I'm not overstepping my bounds, especially since I don't know you.

I had an encounter with a certain girl last year during an off Shabbos, Baruch HaShem we didn't touch but it got close...

I really liked her, we were so similar etc and really "clicked."

I wasn't able to concentrate in Yeshiva for the next 3 months.

It killed me. I kept replaying the night over and over again in my mind thinking "if only."

This stuff kills ones learning man.

Kills ones focus, concentration, davening etc.

Theres only one eitza.

An eitza that has caused much pain in the immediate aftermath, but much joy and serenity in hindsight.

Go cold turkey. Break it off for now.

Im speaking from personal experience.

Its super duper hard and we can shmوزه about how to do it, but it's kdie.

It's the only mahalach man.

No other eitza.

You have a wonderful bright future ahead of you.

Invest now in your learning 100%.

The Torah/other things can fill up the emotional void for the time being.

Obviously there comes a time where one needs to get married, but as a buchar it's toxic to one's spiritual growth.

Its not worth it.

Don't get me wrong, it could be she's your bashert and will one day marry her!

But right now your Avoda is to invest in your Self. Your learning, davening etc,

So that when you find your bashert, whoever she may be, you will come into that marriage better prepared to build a Bayis Neeman B'Yisrael of Kedusha v'Tahara.

We're here for you, one step at a time.

Feel free to respond/not respond at your own discretion.

YeshivaGuy

What a beautiful post!! wow mamesh!!!

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Re: Boyfriend-girlfriend relationship  
Posted by 2152023 - 21 Mar 2023 03:40

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%100 agree. Couldn't have said it better. I Couldn't concentrate on my learning for months while dating the woman I married. I can just imagine what it's like getting involved with more girls...

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Re: Boyfriend-girlfriend relationship



Posted by 1084 - 21 Mar 2023 03:56

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[Shtarkandemotional wrote on 22 Dec 2020 02:26:](#)

Taking to myself and telling myself... think about this as tiny small breaks to gain productivity!!! No one is going ANYWHERE!!!! Who am I fooling she lives nearby my house!! This won't last straight 2 years!!! We're just doing as much as we could slowly to gain Torah to gain spiritually! To gain time and productivity!!! We're still both very connected at heart!!!

I'm actually curious... this conversation took place Dec 22, 2020... it's been 3 years... whatever happened with this story?? did they end up getting married??

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Re: Boyfriend-girlfriend relationship  
Posted by Trying The Best - 21 Mar 2023 04:02

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[Shtarkandemotional wrote on 20 Mar 2023 22:01:](#)

Hey all!

Thx for the kind words

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shomer negiah has been super tough but we've gotten back up strong in November time and pulled through till now despite the immense pain!

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@1084

I am also curious, he replied before the above.

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Re: Boyfriend-girlfriend relationship  
Posted by future gadol - 05 May 2023 20:12

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How old are u .

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Re: Boyfriend-girlfriend relationship  
Posted by Misgaber96 - 06 May 2023 15:28

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Hi,

I can't believe I am seeing this thread again after having posted on it at the very beginning. Kol Hakavod for sticking to your guns for so long. I personally have been through a crazy journey myself since then. The real shift all happened when I joined SA. It sounds like you are a man obsessed with a woman and dealing with it responsibly by sharing your genuine feelings, Kol Hakavod!

If I had this issue I would need as much support as I can get I recommend trying out SA and getting numbers of sober members (of 2+ years) and talking it over with them the more sober the better. Talking with non-sober single members might be hurtful.

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