GYE - Guard Your Eyes Generated: 8 July, 2025, 16:55

Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33
Hi everyone,
First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.
I bh am not addicted to pornography.
I haven't been on a porn website.
But I'm getting close, and I'm here to gain chizuk not to fall into it.
Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.
I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.
i want to just express my gratitude to all of you, and my great admiration for each and every one of you.
My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"
So I'm here to gain that chizuk.
thank you!
=======================================
Re: Make it to Yeshiva Posted by YeshivaGuy - 22 Mar 2021 23:18

Feeling sad, depressed, apathetic, and worthless.

It would be so nice to numb the pain, to feel the blood rush through my veins.

Finnaly, for a smile to grace my face..

I know it's wrong to misdirect my emotions with destructive behavior.

I know...

I was in Lakewood today, and seeing the couples, husbands and wife's together with children, Oy it must be so incredible to have such a relationship.

The pretty girls there weren't as much the problem, it's the light in their eyes, I saw a young woman so happy with her baby. That emotion, was so touching, something I very much desire...

Oh, I will give my wife bezras Hashem all of my Self. Every fiber of my being will be dedicated for her happiness and fulfillment.

That is what I want, to give myself 100% to someone. It's a seemingly odd emotion to have, but after learning kuntrus hachesed, I'm able to identify it.

Im not yet ready though, I need to grow more in learning and in my emotional/spycological health.

And these emotions, coupled with sadness, leads me to taiva...

I crave hiskashrus. To look into her eyes and say "I love you."

And somehow this positive emotion leads me to desire porn or Masterbating. I understood the correlation, but it's hard.

Feeling so overwhelmed, overcome with emotions raging through me....

====

Re: Make it to Yeshiva

Generated:	8	July.	2025	16:55
acriciated.	U	oury,	2020,	10.00

Posted by Striving Avreich - 22 Mar 2021 23:21

Chizuk for/in what?

====

Re: Make it to Yeshiva

Posted by mggsbms - 22 Mar 2021 23:36

You articulated so well many of the feelings I have, even as someone married for many years, happily b"h, with the very blessings you describe, but still have that deep longing. I would not project that onto you, as you are single, however there is something to think about there if these longings are a product of something else going on in our psyche, and not necessarily the dearth of these actual relationships. Food for thought.

====

Re: Make it to Yeshiva

Posted by YeshivaGuy - 22 Mar 2021 23:45

mggsbms wrote on 22 Mar 2021 23:36:

You articulated so well many of the feelings I have, even as someone married for many years, happily b"h, with the very blessings you describe, but still have that deep longing. I would not project that onto you, as you are single, however there is something to think about there if these longings are a product of something else going on in our psyche, and not necessarily the dearth of these actual relationships. Food for thought.

It's hard to know, especially since I'm single, and then everyone explains these emotions as the natural desire for marrige.

And I do beleive that, very much.

But you raise an important point.

Some pshatim could be: The unsatiable desire of the neshama for kirvas HaShem. In which case, lechora, better learning/davening would help.

And ?? ???? if we're such baalei madreiga that we're in touch with the ????? of the neshama.

Or if we're depriving our Nefesh of Ruchnius so it's starving...

It could also come from a lack of appreciating what one has and always feels lacking. Rav Dessler discusses a similar concept in kuntres hachesed, about the ??? ???????.

====

Re: Make it to Yeshiva

Posted by BHYY - 23 Mar 2021 01:33

YeshivaGuy wrote on 22 Mar 2021 23:18:

Feeling sad, depressed, apathetic, and worthless.

It would be so nice to numb the pain, to feel the blood rush through my veins.

Finnaly, for a smile to grace my face..

I know it's wrong to misdirect my emotions with destructive behavior.

I know...

I was in Lakewood today, and seeing the couples, husbands and wife's together with children, Oy it must be so incredible to have such a relationship.

The pretty girls there weren't as much the problem, it's the light in their eyes, I saw a young woman so happy with her baby. That emotion, was so touching, something I very much desire...

Oh, I will give my wife bezras Hashem all of my Self. Every fiber of my being will be dedicated for her happiness and fulfillment.

That is what I want, to give myself 100% to someone. It's a seemingly odd emotion to have, but after learning kuntrus hachesed, I'm able to identify it.

Im not yet ready though, I need to grow more in learning and in my emotional/spycological health.

And these emotions, coupled with sadness, leads me to taiva...

I crave hiskashrus. To look into her eyes and say "I love you."

And somehow this positive emotion leads me to desire porn or Masterbating. I understood the correlation, but it's hard.

Feeling so overwhelmed, overcome with emotions raging through me....

Oy YG, I am with you. I have so many of the same feelings. It's normal, we'll get there too. I was away for Shabbos and felt the same way when I saw all the couples strolling about, not lust, just a longing to be there too.

Why? I pass unfiltered computers everyday here. It's so hard. I know it's possible but gosh, this just ain't fun.

Why? Why am I being moser nefesh? Why am I depriving myself of such joy, the blood running through my veins, heart pumping. It's invigorating.

Im resuming working out in the morning, but idk, it's so so hard, and I'm thinking like wats the point, I don't know if I have the strength...

It feels, I'havdil, like eishes potiphar is seeking to seduce me everyday, and I don't know what to tell u guys but, I'm just not Yosef HaTzadik...

It's not fair. Ok? It's not fair.

Does it need to be?

Not sure.

Gn

Re: Make it to Yeshiva

Posted by wilnevergiveup - 23 Mar 2021 06:18

YeshivaGuy wrote on 22 Mar 2021 23:45:

mggsbms wrote on 22 Mar 2021 23:36:

You articulated so well many of the feelings I have, even as someone married for many years, happily b"h, with the very blessings you describe, but still have that deep longing. I would not project that onto you, as you are single, however there is something to think about there if these longings are a product of something else going on in our psyche, and not necessarily the dearth of these actual relationships. Food for thought.

It's hard to know, especially since I'm single, and then everyone explains these emotions as the natural desire for marrige.

And I do beleive that, very much.

But you raise an important point.

Some pshatim could be: The unsatiable desire of the neshama for kirvas HaShem. In which case, lechora, better learning/davening would help.

And ?? ???? if we're such baalei madreiga that we're in touch with the ????? of the neshama. Or if we're depriving our Nefesh of Ruchnius so it's starving...

It could also come from a lack of appreciating what one has and always feels lacking. Rav Dessler discusses a similar concept in kuntres hachesed, about the ??? ???????.

YeshivaGuy wrote on 23 Mar 2021 04:48:

Why? I pass unfiltered computers everyday here. It's so hard. I know it's possible but gosh, this just ain't fun.

Why? Why am I being moser nefesh? Why am I depriving myself of such joy, the blood running through my veins, heart pumping. It's invigorating.

Im resuming working out in the morning, but idk, it's so so hard, and I'm thinking like wats the point, I don't know if I have the strength...

It feels, I'havdil, like eishes potiphar is seeking to seduce me everyday, and I don't know what to tell u guys but, I'm just not Yosef HaTzadik...

It's not fair. Ok? It's not fair.

Does it need to be?

Not sure.

Gn

Oy, what you are going through, the pain, the constant nisayon, the yetzer hora not letting you think straight, possibly even Him making you have resentment because it could be so much easier with filters, my heart is breaking for and for the many others in that kind of situation.

I would like to point out that now, with you being about 200 days removed from the last time you masturbated/watched porn you don't actually remember what is really like.

You don't remember the pleasure, the freedom of sinning.

You also don't remember the pain, the disgust, the unhappiness, disappointment, the self-loathing, the loss of freedom, of serenity, of self control, of self esteem, of self confidence and that horrible feeling that comes as just when you are finishing to masturbate, when the semen is still rushing out when you lose your entire sexual desire in one second but you're still doing it....

Read through your thread, see if you've described your feelings at different stages and use that to help you grow and grow more than anyone can possibly fathom this bein hazmanim

====

Re: Make it to Yeshiva

GYE - Guard Your Eyes Generated: 8 July, 2025, 16:55 Posted by Strong as iron - 23 Mar 2021 12:57 Hi, YG you have one thing that you are more special then all of us. In pesachim (don't remember which daf) it says that there are three people that hakudosh baruch hu calls on them every day. one of them are a single who lives in the city and doesn't sin and rashi says that a single with so many nisyonos surrounding him and he doesn't sin is such a big thing that he himself calls on them so there it is fair!!! ==== Re: Make it to Yeshiva Posted by YeshivaGuy - 23 Mar 2021 19:31 No ones home. I wanna masterbate. Wanna watch on computer/tv. Wanna. wanna. wanna. **REALLY WANNA!!!!** Wont.

Re: Make it to Yeshiva

Posted by HappyYid - 23 Mar 2021 20:04

GYE - Guard Your Eyes

YeshivaGuy wrote on 23 Mar 2021 19:31:

No ones home. I wanna masterbate. Wanna watch on computer/tv.
Wanna.
wanna.
wanna.
REALLY WANNA!!!!
Wont.
And we all want

GYE - Guard Your Eyes Generated: 8 July, 2025, 16:55

YOU

====