## **GYE - Guard Your Eyes**

Generated: 1 August, 2025, 08:57

Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33 Hi everyone, First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu. I bh am not addicted to pornography. I haven't been on a porn website. But I'm getting close, and I'm here to gain chizuk not to fall into it. Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila. I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks. i want to just express my gratitude to all of you, and my great admiration for each and every one of you. My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos" So I'm here to gain that chizuk. thank you! ==== Re: Make it to Yeshiva

Posted by OivedElokim - 12 Oct 2020 05:36

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Re: Make it to Yeshiva Posted by YeshivaGuy - 12 Oct 2020 07:06

3:00Am. I'm "chalishing" for pritzus videos and to masterbate.

But I haven't been on bad YouTube vids in around 64 days and been clean with masterbating...

Oy it's rough.

Its just too easy to be nichshal here...

though I'm letting my mind be occupied by all this trash...

@starting, ur right!

anyway, I'll be strong tonight.
Gn brothers
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Re: Make it to Yeshiva Posted by wilnevergiveup - 12 Oct 2020 07:29
YeshivaGuy wrote on 12 Oct 2020 07:06:
though I'm letting my mind be occupied by all this trash
@starting, ur right!
Whatchya doin about it?
I don't think @starting needs your validation
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Re: Make it to Yeshiva Posted by YeshivaGuy - 12 Oct 2020 08:16
wilnevergiveup wrote on 12 Oct 2020 07:29:
YeshivaGuy wrote on 12 Oct 2020 07:06:
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@starting, ur right!
Whatchya doin about it?
I don't think @starting needs your validation
Whew! Ur bein tough on me buddy
I don't know what I'm doing about it, I gotta make a game plan.
I need a mehalach
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Re: Make it to Yeshiva Posted by YeshivaGuy - 12 Oct 2020 08:20
I'll admit.
I haven't been so careful with Shmiras eynayim tonight- seeein pics of girls but still holding back from touching etc.
But that's is clearly not a mehalach for many reasons.
You got me man, you are right
You got me man, you are right.  Oy it's so late- 4:19, we'll talk more tomorrow

Re: Make it to Yeshiva Posted by YeshivaGuy - 12 Oct 2020 08:22
Fine I'll delete the app.
Yetzer Tov, tonight You win.
Gn
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Re: Make it to Yeshiva Posted by wilnevergiveup - 12 Oct 2020 08:35
YeshivaGuy wrote on 12 Oct 2020 08:22:
Fine I'll delete the app.
Yetzer Tov, tonight You win.
Gn
Yetzer Tov doesn't win, I @YeshivaGuy (or whatever your name is) wins.
It's funny, the ba'alei mussar point out, imagine a conversation in your brain between the Y"H and Y"T. one of them is always talking as you and the other talking as an outsider. Can you guess who is who?
It's always "I" need to do x, y, or z and the Y"T <i>nebach</i> has to stand on the outside telling you, "you know, really "you" shouldn't etc. ain't that backwards?
This is how the Y"H tricks us, he makes us think that he is us (this is what it means when Adam

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Harishon sinned the Y"H went inside of us. He is not just in our subconscious minds, he actually has us defining ourselves by his terms).

We can't forget that the truth is the opposite, we are our neshama, our intellect. It's not a battle between the Y"H and Y"T, the Y"T doesn't win, You do.

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Re: Make it to Yeshiva

Posted by Im Tevakshena Kakasef - 12 Oct 2020 09:33

wilnevergiveup wrote on 12 Oct 2020 08:35:

YeshivaGuv wrote on 12 Oct 2020 08:22:

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Yetzer Tov, tonight You win.

Gn

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I totally agree with this. The Gra on Mishlei writes that one of the yetzers biggest tricks is he makes us believe that he is part of us, that he is us. He's not the little red devil with a pitchfork whispering seductive things in our ear, rather he makes us believe what we truly want is what he wants. It takes those flashes of clarity and special moments, such as Yom Kippur and other times, to see through his lies, and realize this just isn't the real me.

Anyway @yeshivaguy, good to hear your keeping strong. Looking forward to hearing those plans you have.

p.s. Do you try going to sleep early and just lie awake, or do you go to sleep late? Cos' often night time itself can be a trigger for people, so early bedtime may help.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 12 Oct 2020 17:24

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Good point, ya, I've been goin to sleep late.

When not in Yeshiva it's harder to go to bed earlier.

But ur totally right, 1-4am is quite a trigger

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Re: Make it to Yeshiva

Posted by wilnevergiveup - 12 Oct 2020 18:14

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I hope you slept in, or have a really nice rest this afternoon...

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Re: Make it to Yeshiva Posted by YeshivaGuy - 13 Oct 2020 01:16
Pretty stressed.
Felt empty today. I feel like I just wasted time.
So hard to not be in a Makom Aliya.
The Yetzer wants to build off this and make me masterbate, go online etc, after all, I had such an empty and pointless day with barely any learning, and everyone around me is just so stressed out- driving me nuts.
I'm not giving in, but it still feels superhuman,
feels like I'm fighting absolutely everything-defying nature.
Which is so difficult.
Feels like I'm restraining a lion on a leash.
Anyway folks, thnx for hearing me out.
Hatzlocha!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 13 Oct 2020 01:28
wilnevergiveup wrote on 12 Oct 2020 05:27:

What are you planning on keeping yourself busy with until Yeshiva starts?

8 / 10

anyway, I'll be strong tonight.

**Gn** brothers

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Yup it's rough.
Youre doing great.
What's the plan for tonight.
You have any friends around?

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