

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 02 Oct 2020 18:19

[YeshivaGuy wrote on 06 Sep 2020 20:22:](#)

Hey guys,

Sorry for letting u all down with the bad news..

I was just nichshal and masterbated (2min ago).

I was clean for 27 days...

This was 25 Days Ago.

After the first 2 days of Yom Tov I will be at 28 bezras Hashem.

I find it important to look back and remind myself that I've fallen before around this time and must remain vigilant.

I however find myself in a much stronger place then last time.

These 25 days are qualitatively stronger and "cleaner" then the last 27 day period.

Thank you to all for the chizuk and encouragement throughout.

I finally have begun to feel like I "own" my body. That I, my Neshama, my Sechel, decides what happens

I am becoming the Baal Habus.

Thank you all again so so much.

Have a Good Yom Tov!

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Re: Make it to Yeshiva

Posted by Gevura Shebyesod - 02 Oct 2020 21:17

[YeshivaGuy wrote on 02 Oct 2020 18:19:](#)

I am becoming the Baal Habus.

KUTGW and have a great Yom Tov!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 04 Oct 2020 23:37

Insane amount of taiva over Yom Tov- somehow stayed strong. I'd be sitting and feel the pressure in my hand to just touch it one time but bh my Seichel won...

In still in the RV (though I can be in the sucra and sleep their too) and over Yom Tov the sewage in the bathroom of it got full, so... it was rough, had to be creative about using the bathroom cuz it was (and is) totally full (which means I can't flush and haven't flushed all Yom Tov so far)
Hey maybe you can even get a Monstuh Bus like mine

So though Bh I've managed not to get upset over the last 8 days- this kinda got me agrovated and honestly I'm ok with that cuz I really think I've been doing great to stay positive and this was just a breaking point.

And I think it's ok- because sometimes in life people get agrovated

Been pushing away hirhurim from trigger words (like someone says a word and it reminds me of some pritzus song) and other stuff.

Oy!

All this made it harder to be Shomer Habris, but bh somehow persevered.

Not sure how.

But here at GYE we learn that anything is possible

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 04 Oct 2020 23:40

Ok I'll be honest with u guys.

I have a taiva now to get my mom to put in the restrictions code on my phone...

There, I said it!

Kinda wanted to hide, but can't hide from you guys... I'll be strong. It's just so hard, especially like I got all this stress especially from the stupid sewage...

Uch...

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Re: Make it to Yeshiva

Posted by Captain - 05 Oct 2020 00:05

Wow! You. Are. Amazing!

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Re: Make it to Yeshiva

Posted by Ihavestrength - 05 Oct 2020 03:49

[YeshivaGuy wrote on 04 Oct 2020 23:37:](#)

Insane amount of taiva over Yom Tov- somehow stayed strong. I'd be sitting and feel the pressure in my hand to just touch it one time but bh my Seichel won...

In still in the RV (though I can be in the succa and sleep their too) and over Yom Tov the sewage in the bathroom of it got full, so... it was rough, had to be creative about using the bathroom cuz it was (and is) totally full (which means I can't flush and haven't flushed all Yom Tov so far)

So though Bh I've managed not to get upset over the last 8 days- this kinda got me agrovated and honestly I'm ok with that cuz I really think I've been doing great to stay positive and this was just a breaking point.

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Been pushing away hirhurim from trigger words (like someone says a word and it reminds me of some pritzus song) and other stuff.

Oy!

All this made it harder to be Shomer Habris, but bh somehow persevered.

Not sure how.

But here at GYE we learn that anything is possible

Your positive attitude is awesome and inspiring. Keep on rocking!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 05 Oct 2020 04:21

Oooo parents goin to bed, I'll be alone in the succa, taiva now to chap arain the restrictions code...

Wooo!! The pain is real

If not for the whole streak thing and the support here of u guys- I'd give in tonight, and would've awhile ago too...

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Re: Make it to Yeshiva

Posted by i-man - 05 Oct 2020 04:24

You remind me of a shmuz I heard on erev Rosh Hashana, basically that just like the world is operating in an unnatural way ,so too we can act in that same fashion of lo bderech hateva in regard to our spirituality..

stay strong!

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Re: Make it to Yeshiva

Posted by Im Tevakshena Kakasef - 05 Oct 2020 10:44

You know, people are going to look up to you one day. And they'll think 'I wonder how so and so got to where he is today? I mean, he's such a great yid, filled with emunah and jewish ethics. Probably was a child prodigy. Sat all day and did nothing but learn. Was born with exemplary character traits. and had smooth sailing throughout.'

But we know the truth. That greatness, that nachas ruach to Hashem, was earned, not given. Deserved, not granted. The bad character traits were fought against, and defeated. The emunah was built, through sacrifice and grit. The learning was hard, but perseverance bore fruit.

This yids greatness was born and sustained in the back of a smelly RV van, not in the corner of the beis hamedrash.

They won't know. But we will.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 05 Oct 2020 14:40

Hey guys,

Baruch HaShem got through last night.

Watching history vids have really saved me- it's interesting and vastly lowers the taiva.

At first I felt bad watching it right after havdala last night cuz felt I shouldn've learnt/ done something more meaningful, but I guess I need to accept where I'm holding and grow slowly.

Thank you all for the chizuk and encouragement- it really means a lot.

Y'all are keeping me going.

Still in pajamas (hard to wake up on time when can't go to minyan...), I hope to daven now and learn.

Feel abit shver like might have allergies etc but thats the least of my probs right now.

that would make things easier...

Ill keep y'all posted! I'm so fortunate to have joined this site and the chevra here.

Its life altering.

Hatzlocha!

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Re: Make it to Yeshiva

Posted by Looking_to_improve - 05 Oct 2020 15:56

[YeshivaGuy wrote on 05 Oct 2020 14:40:](#)

At first I felt bad watching it right after havdala last night cuz felt I shouldn've learnt/ done something more meaningful, but I guess I need to accept where I'm holding and grow slowly.

Don't underestimate how meaningful it is to grow in this area. It may not be through Torah, but to stay clean in the heat of the battle is huge and very meaningful. It's not easy to measure the impact of not doing a negative thing, in contrast to how simple you can measure the impact a positive action (or doing a negative one), but it's does have a great amount of value.

I'm sure you'll look back in a few weeks and see this situation from our perspective and see how amazing you are doing

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 05 Oct 2020 18:48

No matter what I do I got this fire in my chest, heart pounding, this taiva just Isn't stopping. Crazy.

I just can't bring myself to fall, I can't do it.

But it's insane that my heart just doesn't stop pounding.

Im walking around and there's ligit bombs goin off inside me

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Re: Make it to Yeshiva

Posted by Grant400 - 05 Oct 2020 19:32

[YeshivaGuy wrote on 05 Oct 2020 18:48:](#)

No matter what I do I got this fire in my chest, heart pounding, this taiva just Isn't stopping.
Crazy.

I just can't bring myself to fall, I can't do it.

But it's insane that my heart just doesn't stop pounding.

Im walking around and there's ligit bombs goin off inside me

I can't imagine how tough it is for you alone in the RV! But sit down. Close your eyes and think back to last time you fell how you felt after. Really remember it. Then think about how you will feel if you give in now.

Think about the pleasure you will actually have if you give in. In your mind the pleasure seems much greater than it is. Try to narrow it down to the truth.

Think about how you will feel at 10:00 tonight if you gave in.

Remember, it's okay to feel the way you do now and still not give in.

You are steel. Read through your thread.

Grant

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 05 Oct 2020 23:45

2 min ago, was about to ask for restrictions code to be put in...

But BH Didn't!

I walked away

Thank you all

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