

Make it to Yeshiva

Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva

Posted by 5Uu80*cdwB#^ - 24 May 2022 20:55

[YeshivaGuy wrote on 24 May 2022 06:09:](#)

No need to get into details.

B'kitzur I was sending a resume of a girl to a friend and when he asked for a pic I was the go between.

Was astonished by how pretty she was, deleted it from my phone etc but she's a cousin (not close) and hadn't seen her in years.

Was m'spael and feel like I'm "missing out" etc.

Especially feeling like I could've "made something happen" growing up had I known she was "worth my time."

Being completely honest and transparent over here.

I hung with a friend tonight, had doughnuts and ice cream which ruins my diet/work out regiment.

And now I'm going to bed super late...

All of this makes me want to see shmutz and masterbate. But right now, despite all of these emotions, I will not give in and will persevere.

Any eitzah about the above emotions are appreciated, in addition to how to be manhig (or not) with setting a guy up with a girl.

YeshivaGuy

In my opinion, if this situation happens again, tell your friend that you don't send pictures because you don't want to see pictures of girls.

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Re: Make it to Yeshiva

Posted by eyes - 25 May 2022 00:11

in my opinion boys should not be asking for a picture of the girls. let him meet her and then decide if she is well rounded for him. in both hashkafah and beauty.

Me personally I did not ask for any pictures.

My mother would not even give it to me even if I asked.

Take the girl for who she is and not let looks sway you.

Off topic BWE

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 25 May 2022 11:18

Thank you DavidT for sharing so much info on the inappropriateness/potential issurim involved in sending shidduch pictures. I would just like to add - Our girls are not hefker, and in this day and age where everything virtual goes viral, it is most inappropriate to allow for a bas Yisroel's picture to potentially be distributed and become "public".

As far as advice for YG - Any guy here who is trying to avoid unnecessary stimulation should definitely avoid these situations. For shidduchim or any other purpose, it's not wise to be a middleman of female pictures. Even if you are the shadchan, you don't need to be looking at these pictures.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 29 May 2022 19:31

Managed thus far to be clean for 4 days.

I blocked the App Store with gentech but unlocked now, saw some some pics of girls... really wanna be nichshal all the way rn.

Gosh it's hard, the truth is I'm lonely and I want love, I spoke with my friend about it in Yeshiva last night instead of being nichshal.

Downloaded a hookup app for a sec, started swiping but realized this won't make me happy, it's not even what I'm looking for...

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Re: Make it to Yeshiva

Posted by Vehkam - 29 May 2022 19:51

YG loneliness is very difficult. One can distract themselves from loneliness but it's not a feeling that can be replaced by something else.

What you did last night was very smart. You identified the feelings that were motivating you. You spent time talking about it to a friend. It became clear to you that the unproductive web surfing would not fulfill your real desire.

however, that loneliness is what is keeping you vulnerable. The y"ch captures that feeling and easily convinces you that following your urges will make the pain of loneliness go away. (True - It may even mask the pain momentarily but in the end it will actually make you even lonelier)

if you can find a way to channel that loneliness into something productive it may help you to be less vulnerable. There are two things I back think of, although the ideas you come up with yourself will be more powerful.

one idea is that loneliness is from a desire to connect. The ultimate eternal connection is with

hashem. Use those feelings to inspire you to seek at meaningful connections to hashem and the loneliness will become a powerful productive tool.

the other idea is that you ultimately want love on this world. The more you can push yourself to be honest and true to the essence of what type of person you want to be - the stronger a connection you will be able to forge with a future spouse. Use this motivation to become the best version of you that you can become. This will also be a productive use of the feelings of loneliness.

don't let the y"ch hijack your feelings for his use. They are your feelings. Catch them before he gets to them and use them in the best way possible for you to become great.

wishing you continued success

vehkam

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 07 Jun 2022 02:48

I'll say something, I've hinted here and there, I'll mention it but no stupid, fluffy, or super frumy comments please.

Comments are appreciated, please be sensitive though.

So abuse, I was young and ya. Very angry and filled with anxiety as today I was wearing a bathrobe and a guy said I looked like a guy who ya.

Its largely what I'm in therapy for.

So ya, dizzy, light headed, drowning in anger and anxiety. I would like to see bad vids and masterbate as a release. I'm so so done.

Im 8 days clean though, spoke to a friend goin on a drive, will see wat happens.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 07 Jun 2022 07:23

Was nichshal. Have therapy in the morning.

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Re: Make it to Yeshiva

Posted by Hashem Help Me - 07 Jun 2022 12:32

Sounds like the guy who commented on your bathrobe matzav should be spending some time on GYE....

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Re: Make it to Yeshiva

Posted by Dave M - 07 Jun 2022 14:13

Hi YG. I don't really have anything to say, just that I'm sorry for the pain you have had to endure. I'm davaning for you.

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 07 Jun 2022 23:04

Went to therapy. Was nichshal again.

Entering the gym now to work out.

Gonna try calming down.

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Re: Make it to Yeshiva

Posted by Markz - 07 Jun 2022 23:54

[YeshivaGuy wrote on 07 Jun 2022 23:04:](#)

Went to therapy. Was nichshal again.

Entering the gym now to work out.

Gonna try calming down.

No point beating yourself up about something that Gd would let pass (no I don't have inside info).

When going through good therapy, it's likely expected for things to get tough before it gets MUCH better. It's possible that "falling" is a piece of the process which therefore is not of much benefit to focus on - if it happens it happens, brush yourself off and keep movin' on.

Ask your Therapist and your Rebbe.

KEEP ON TRUCKING!!

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 12 Jun 2022 23:08

I got myself a problem

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Re: Make it to Yeshiva

Posted by Gevura Shebyesod - 12 Jun 2022 23:33

A problem shared is a problem halved...

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Re: Make it to Yeshiva

Posted by sleepy - 13 Jun 2022 01:45

[Gevura Shebyesod wrote on 12 Jun 2022 23:33:](#)

A problem shared is a problem halved...

but if its a very BIG problem , even a problem halved is pretty big , please,YG, decide to share when youre ready

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