Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33

Hi everyone,

First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.

I bh am not addicted to pornography.

I haven't been on a porn website.

But I'm getting close, and I'm here to gain chizuk not to fall into it.

Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.

I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.

i want to just express my gratitude to all of you, and my great admiration for each and every one of you.

My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"

So I'm here to gain that chizuk.

thank you!

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Re: Make it to Yeshiva Posted by Markz - 30 Jul 2021 18:56 YeshivaGuy wrote on 30 Jul 2021 18:03:

Doing very well, Baruch HaShem Yisborach.

Hatzlocha,

YeshivaGuy

On vacation for 26 days and doing great?

Wow - we have a HERO in our midst.

Re: Make it to Yeshiva Posted by YeshivaGuy - 30 Jul 2021 19:20

Markz wrote on 30 Jul 2021 18:56:

YeshivaGuy wrote on 30 Jul 2021 18:03:

Doing very well, Baruch HaShem Yisborach.

Hatzlocha,

YeshivaGuy

On vacation for 26 days and doing great?

Wow - we have a HERO in our midst.

Shkoyach. I'm in camp, giving shiur every morning and afternoon, shmuzing with guys etc. I'm busy and accomplishing, bh.

As well, the new dose of medication I'm on has helped a lot, and all in all doing well.

I have one more week here and camp and then off to Yeshiva for Elul. Once I return to Yeshiva, I'll be engaging in very intense trauma therapy for certain things, so I'm not so excited for that and hope it won't ruin the zone that I'm in, but b'ezras Hashem all will be good.

Re: Make it to Yeshiva Posted by Smokey - 31 Jul 2021 23:30

hey! looks like your doing great bh! keep it up! your an inspiration for all of us here! As for the therapy next zman just keep calm and remember that everything will pass, just take it with a cool, don't get stressed out and you'll come out better then ever, I'm sure your going to do great! keep us posted!

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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Aug 2021 04:38

I'm gonna admit something and any eitza would be appreciated.

Seeing the wives of camp staff at meals, and when I see women b'chlall, my first reaction thinking how they have biah with their husband.

Its pretty messed up...

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Re: Make it to Yeshiva Posted by YeshivaGuy - 03 Aug 2021 07:48

B'chasdei HaShem Yisborach, I am 30 days clean. I've been davening for siyata dishmaya every single day.

YeshivaGuy

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Re: Make it to Yeshiva Posted by Sheva Yipol Tzaddik - 03 Aug 2021 11:03

Wow! What gevura! You are in a really difficult situation and are persevering; what a way to go into Elul!

You are an inspiration to me!!!

Re: Make it to Yeshiva Posted by Water Castle - 04 Aug 2021 19:13

Hey, so number #1)know that I don't know your struggle like you know it, everyone is different. #2) I'm not sure what yeshiva setting you are going back to, but just want to say from someone who has been to Yeshiva for abt 1.5 yrs in Israel, YOU ARE NOT SAFE anywhere. I don't care how good the filter is, it's not 100% and if you you figure out a way around then it becomes 0% effective. When you think you're safe is when the Yestzer Hara has you in his grasp at some point in the future. That being said, the fact that you haven't watched full on PORN gives you the ability to focus on only 1 addiction. Porn is where the addiction to turns into a whole new addiction. (Just bcs it's not full on PORN doesn't mean there's nothing else out there, plenty of things can hurt your eyes, including YouTube and other social media. don't think not full on PORN isn't porn, it is.)

Know you don't need to be where everyone has been, it's an illusion to feel it's something you have to do and is the next step in your journey. It's not normal and it's not the next step. If you are not going up your going down, focus on the battle in front of you instead of being trapped on both sides. You have the ability to relate to ppl who haven't watched porn, you can help them.

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Re: Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2021 23:36

I am so so angry. Not going into details. I was taken advantage of, messed over, and am expected to smile and act as normal.

Im fuming. Lying in bed and would love to relieve this by masterbating, holding back though.

Uch

Re: Make it to Yeshiva Posted by Looking_to_improve - 05 Aug 2021 00:54

YeshivaGuy wrote on 04 Aug 2021 23:36:

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Uch

I'm still up, you can message me on WhatsApp if you want.

Hope you're all ok, stay strong

LTI

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Re: Make it to Yeshiva Posted by Looking_to_improve - 05 Aug 2021 00:54

YeshivaGuy wrote on 04 Aug 2021 23:36:

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Uch

I'm still up, you can message me on WhatsApp if you want, you have my number

Hope you're all ok, stay strong

LTI

Re: Make it to Yeshiva Posted by Rt234 - 05 Aug 2021 07:42

I SomethiNg pops into ur mind just let it pass move on don't add to the thought just let it go don't

fight with ur mind cuz ull lose.

Just continue doing What's right and let it go

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Re: Make it to Yeshiva Posted by Gevura Shebyesod - 06 Aug 2021 14:06

Hey YG, you OK?

Re: Make it to Yeshiva Posted by YeshivaGuy - 06 Aug 2021 16:53

Thanks for asking.

Ya Baruch HaShem doing well

Re: Make it to Yeshiva Posted by YeshivaGuy - 08 Aug 2021 06:56

Shabbos was good Baruch HaShem.

I struggled a lot to not look at one of the people's daughters in camp. I did very well, not perfect, but when I caught myself I closed my eyes. Was very hard, Baruch HaShem.

Today as well, a girl walked passed me, I started lusting and then quickly shifted gears to realizing that it's a person walking. Not some sexual beast.

I leave camp in the morning, will be stopping home overnight and bezras Hashem returning to Yeshiva early Monday Morning.

Have a good night and Gut Chodesh!

YeshivaGuy

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