**GYE - Guard Your Eyes** Generated: 8 July, 2025, 02:39

Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33
Hi everyone,
First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.
I bh am not addicted to pornography.
I haven't been on a porn website.
But I'm getting close, and I'm here to gain chizuk not to fall into it.
Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.
I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.
i want to just express my gratitude to all of you, and my great admiration for each and every one of you.
My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"
So I'm here to gain that chizuk.
thank you!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 30 Jun 2021 06:35

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Clean bh.
Haven't gotten past 14 days clean since falling after 198 clean days.
Next goal is 14 more days.
Davening for siyata dishmaya every day.
Hatzlocha
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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Jul 2021 02:30
I just gave into my Yetzer Hara and watched a movie with many inappropriate scenes.
I won't go into details.
It was about someone addicted to znus and ended up doing SAA.
I saw it for the znus scenes Imaaseh, but the ending SAA part made me cry when she said she was raped.
Anyway, not giving excuses for my actions. I won't masterbate and will carry on. I can no longer watch movies in any way so that is good.
I retain the count.
Gn. Sorry, and Hatzlocha
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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Jul 2021 03:49
Struggling, big taiva to masterbate. Won't give in.

Nigeria/India etc.

Gn
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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Jul 2021 04:36
Fell now after 16 clean days.
Makes sense.
I just got my iPhone back (last night) for last week of Yeshiva in order to do kiruv over WhatsApp (like getting a kid to not go to secular college).
Should've asked a shaila before making that cheshbon.
I can't hurt myself for others.
Anyway, Gn
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Re: Make it to Yeshiva Posted by YeshivaGuy - 02 Jul 2021 19:14
I got a very big scare last night.
Many death threats to send money, from someone I had once given my number to on an online chatting site.
Bh I haven't been on that stuff recently, this just came up now.
They new my full name etc
Be aware, that even if someone has a US number, even if it's on WhatsApp, there's a good

chance (as the FBI told me last night on the phone) it's a "spoof number" from people in

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L'toeles harabim, these chat sites are all full of scammers who will send pics of themselves, flatter you etc. Unfortunately I've had experience with many people trying to scam me.

Be careful, and never ever go on those chatting sites. It's really not worth it, especially since many of these people are dangerous...

And even the real people, are the scum of the earth. They really are. Not a place for a Yidishe Neshama.

I ask HaShem to protect me ???? ?????, and may I be zoche, amongst Klall Yisrael, to be ???? ????? ????? ?????.

YeshivaGuy

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Re: Make it to Yeshiva

Posted by YeshivaGuy - 04 Jul 2021 06:21

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A lot a lot of taiva... Wasn't so good with shemiras eynayim and now big big taiva to masterbate.

I really want to be clean, I do.

Started touching myself, but no, enough. I can't do this to myself.

I need to stop this nonsense.

I am a ??? ?????? and this is beneath my dignity.

I haven't fought hard like this in a long time, the yetzer says once I "start" I might as well masterbate, but honestly, now I don't care.

I don't care what my Yetzer says or what anybody says.

I am not a victim.

I am a Baal Bechira and I can do ANYTHING it is that I want.

And I will not masterbate.
Case closed.
YeshivaGuy
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Re: Make it to Yeshiva Posted by YeshivaGuy - 04 Jul 2021 14:45
Baruch HaShem, I won last night. It caused me to be awake longer as I could've just masterbated and fallen right to sleep.
I gotta get more melatonin to help with my falling asleep to make things easier.
Even now I want to masterbate, but I'm holding back.
Im in this for the prize.
YeshivaGuy
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Re: Make it to Yeshiva Posted by Captain - 04 Jul 2021 14:47
And the prize is you. The you that you want to be. Correct?
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Re: Make it to Yeshiva

## **GYE - Guard Your Eyes**

Masterbated.

Not much more to say.

Generated: 8 July, 2025, 02:39 Posted by YeshivaGuy - 04 Jul 2021 14:48 Captain wrote on 04 Jul 2021 14:47: And the prize is you. The you that you want to be. Correct? Re: Make it to Yeshiva Posted by Captain - 04 Jul 2021 14:57 I can't tell you how today will go or tomorrow. But one thing I think anyone reading your thread can see is that you will get there. And perhaps then you'll notice that your battles and strength got you there, even though it didn't say that on your "clean days counter" at the time. It's the કિલ્લાનું માને માના કુરાવાના તુમારા કુરાવાના ક It's like an ice cube. You add heat and it gets hotter. Then it hits 32 degrees and when you add more heat the ice cube's temperature doesn't get it any hotter. Until you notice that the ice cube melted. And all that heat was going into the phase change. You're also having a "phase change." It's the change to the person you want to be, the person you will be proud of forever. And the only thing that gets you there is the effort that you put in, which is your "heat." Every bit changes you slightly and it can't always be seen at the time, but in the end it adds up. Re: Make it to Yeshiva Posted by YeshivaGuy - 04 Jul 2021 16:07

6/8

Getting back up right now.
No more touching.
No more indulging in hirhurim.
(It's last week of zman and not doing so well in learning so just sitting around doesn't make things easier Going to camp B'ezras HaShem in two weeks).
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Re: Make it to Yeshiva Posted by DavidT - 04 Jul 2021 16:34
Let's face it, this struggle is REAL. You win some and lose some, the main thing is never to give up. As long as you're in the game, you're always a winner
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Re: Make it to Yeshiva Posted by YeshivaGuy - 06 Jul 2021 05:40
Clean. Baruch HaShem.
No touching or indulging in hirhurim.
I was in doctors office today though, and there was a frum secretary (like 3 of them, with one not as tznius) around my age and I kept looking at her tried not to though but mostly wasn't matzliach.
Gn
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Re: Make it to Yeshiva Posted by YeshivaGuy - 07 Jul 2021 05:26

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Clean Bh. Indulged abit, then stopped. Have a gn