**GYE - Guard Your Eyes** Generated: 8 July, 2025, 13:53

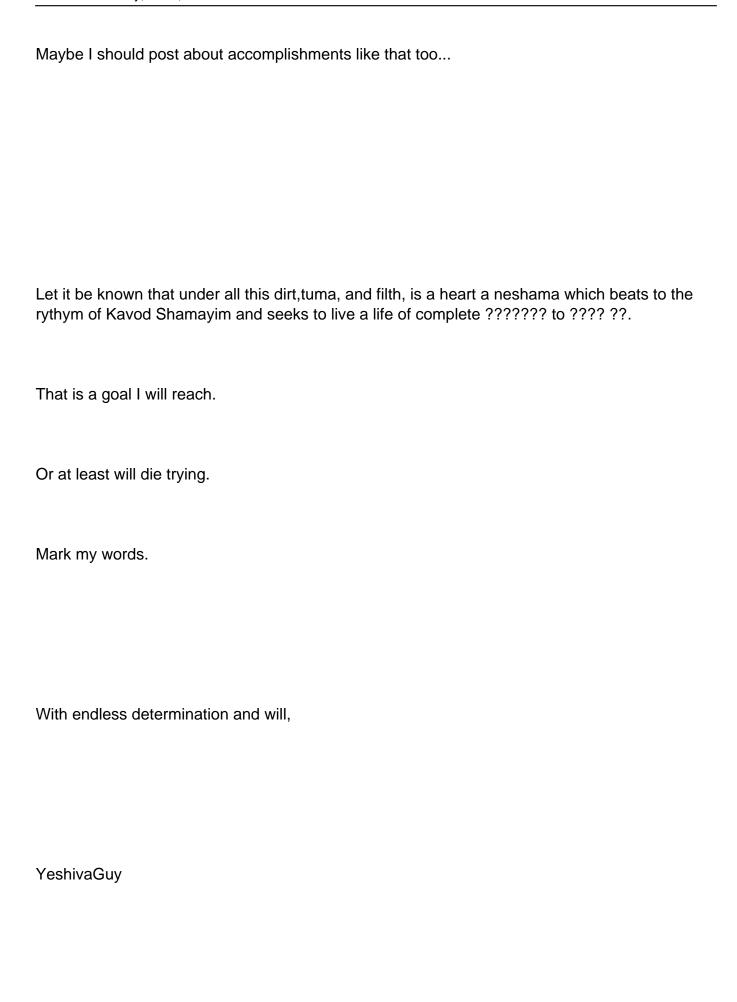
Make it to Yeshiva Posted by YeshivaGuy - 04 Aug 2020 05:33
Hi everyone,
First I want to say that I am humbled and honored to be in the presence of such Giborei Koach, true warriors of Hakadosh Baruch Hu.
I bh am not addicted to pornography.
I haven't been on a porn website.
But I'm getting close, and I'm here to gain chizuk not to fall into it.
Once I return to Yeshiva I'm safe, but as long as I'm home I'm in danger, and bh I haven't fallen into pornography. However it's the next step, chalila.
I bh am running a camp, so I started keeping busy, so bh have only been nichshal once in the last 3 weeks.
i want to just express my gratitude to all of you, and my great admiration for each and every one of you.
My Yetzer tries telling me "comon, porn can't be that bad, it's just the word that sounds scary" or like "it can't be so different than YouTube videos"
So I'm here to gain that chizuk.
thank you!
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Re: Make it to Yeshiva Posted by YeshivaGuy - 31 Mar 2021 06:36

It is humbling, watching my guf temporarily usurp my Olam Hakatan.

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I fought hard these past 7 days.

I had moments where I stood in front of the computer with overwhelming taiva and walked away.



donorated. 6 daily, 2020, 10.00
(Note: I sounded super positive and determined, but I'maaseh idk guys, not sure I can do this. Idk if I have it in me to be pure Wow it's almost 4am, I better head to sleep. Thought I should let y'all know how I feel inside)
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Re: Make it to Yeshiva Posted by Markz - 31 Mar 2021 13:43
YeshivaGuy wrote on 31 Mar 2021 06:36:
Let it be known that under all this dirt,tuma, and filth, is a heart a neshama which beats to the rythym of Kavod Shamayim and seeks to live a life of complete ??????? to ???? ??.
That is a goal I will reach.
Or at least will die trying.
Mark my words.
Marked!

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Re: Make it to Yeshiva Posted by HappyYid - 31 Mar 2021 13:50
Wow, as much as it is hard for you to feel like you are starting all over again (although you are really not; you have all those 200 days, you didn't lose them), you still have such a great positive attitude.
You are so in touch with yourself.
You're really amazing!
And yeah you should post all those accomplishments
I fell after 115 days some time ago, it wasn't easy to start again, but you know something now that I did I really feel like a better person. It's like, yeah, I am in charge. Just because I fell so many times it doesn't mean I can't start having a clean streak
I'm sure you could do.
You do have it in you to be pure, everyone does.
With lots of admiration
HappyYid
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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Apr 2021 08:02
Masterbated again.
Ive lost all will and drive to fight
Maybe one day I'll have good news for u guys.
Maybe

(Both of these falls were after 3am and should be pointed out that I had forgotten on both days to take my depression meds.

I think the sleep thing is a big point cuz usually I use melatonin to fall asleep, and I wasn't sure if was kosher lpesach so not using it. So unfortunately resorted to this destructive way of falling asleep.

As well, this fall was after like 4 hours of hitler documentaries, was interesting but kept me up

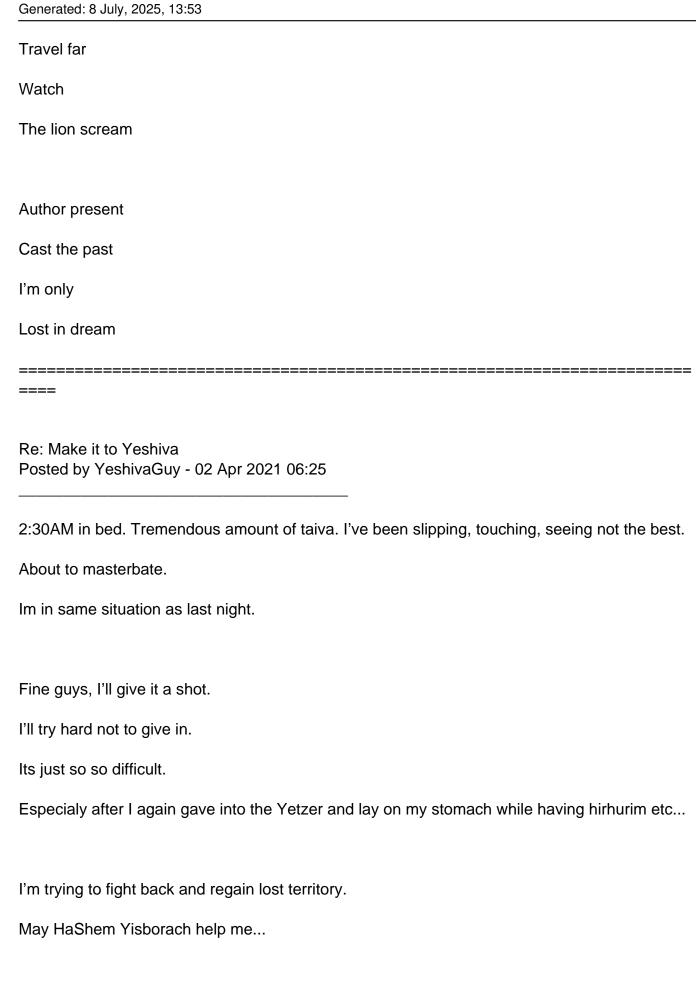
way too late).
Just A,
Guy
(Note: Since I woke up in the morning, my heart was pounding with taiva. Throughout the day I would even be gripped with taiva so much that I'd need to sit down to breath it was so powerful Just sayin)
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Re: Make it to Yeshiva Posted by wilnevergiveup - 01 Apr 2021 10:29
So painful.
We are still here with you, through thick and thin.
I am davening that you should be able to pull yourself out of this funk soon.
All the best,
Wilnevergiveup

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Re: Make it to Yeshiva Posted by Gevura Shebyesod - 01 Apr 2021 11:26
To paraphrase a Choshuva Yid I know, "You can take a guy out of Yeshiva, but you can't take the Yeshiva out of the guy".
Even though you're going through a rough streak right now, you are still not the same person you were last year. IYH you will pull yourself out of the mud and keep rising, and you will see that it is easier than the first time because you're starting from a better place.
And ask a Rov about the melatonin chances are that it's ok.
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Re: Make it to Yeshiva Posted by Grant400 - 01 Apr 2021 12:09
(Note: Since I woke up in the morning, my heart was pounding with taiva. Throughout the day would even be gripped with taiva so much that I'd need to sit down to breath it was so powerfu Just sayin)
I know how you feel. Exactly how you feel.
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Re: Make it to Yeshiva Posted by eyes - 01 Apr 2021 14:08

And ask a Rov about the melatonin chances are that it's ok.

ask a rov if you could take your meds.
you need them.
if you ever have any question never decide by yourself. call a rov
i once got a heter to take cjalav ackum pills for pain on pesach.
call a rov
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Re: Make it to Yeshiva Posted by YeshivaGuy - 01 Apr 2021 17:28
Thanks guys.
More health zachen. Going to the doctor soon
A lot going on, anyway, I'll leave you with a short quote from one of my more recent poems:
The past
Is now gone
And future
Is a dream
Grasping present
In my hand
For that is
Mine to deem
Sun rays

## **GYE - Guard Your Eyes**



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Re: Make it to Yeshiva Posted by YeshivaGuy - 02 Apr 2021 13:51
Last night I won somehow, bh.
Now, I'm awake with a lot of taiva.
As I type this I'm on my stomach in bed about to masterbate.
It is very very very difficult to pull back, but I will.
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Re: Make it to Yeshiva Posted by HappyYid - 02 Apr 2021 14:02
I hope you are out of bed by now
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Re: Make it to Yeshiva Posted by YeshivaGuy - 02 Apr 2021 14:04
HappyYid wrote on 02 Apr 2021 14:02:
I hope you are out of bed by now
Thanks, yes I'm out bh
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Generated: 8 July, 2025, 13:53 Re: Make it to Yeshiva Posted by YeshivaGuy - 02 Apr 2021 16:19 I won a hard fight last night. I won a hard fight this morning. And I just now lost a hard fight. I listened to some Kol Isha and masterbated. Im not motivated. I don't feel like I want a life of Kedusha. Obviously I want Kedusha, but with depression creeping in and other health problems I'm just down and this feels good. Its a drug. Im embarrassed to be seen in public by anyone because my health thing made me gain a lot of weight. And I just feel bad. And my home isn't the biggest makom aliya... But still, I know I could be matzliach. The problem is that I don't want it. Im not driven, like in the past, by a singular unyielding ratzon. That, in my mind is the problem. Whats the solution?

I'm not exactly sure. I think it would be beneficial for me to meet up with some GYE chevra before returning to Yeshiva, so I'll look into that.

I can make contracts etc but the problem is that I lost my drive. Maybe it's depression, maybe it's the Yetzer Hara? Both? Not sure.

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