

My Journey

Posted by Swift Eagle - 25 May 2020 02:05

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Was touched by classmate in 8th grade started doing the same to others usually when they were sleeping over a few years till 11th grade. Felt awful. Attempted suicide in 10th grade. Hashem saved me. I had recurring thoughts that perhaps I was Mashiach & that was the source of my pain as chazal say mashiach suffers for the sins of klal yisroel. Still struggling. B"H married to wonderful wife & I am currently seeing a great therapist. Though it's really hard. I'm a shell of my former self. I used to be such a perfectionist both in my avodas hashem & in everything else. Today I barley get myself to daven or learn. I wrote an extremely long version be4 but lost my draft & no longer have the patience or energy to rewrite it & I prob. wrote too

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Re: My Journey

Posted by Markz - 25 May 2020 02:11

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[Swift Eagle wrote on 25 May 2020 02:05:](#)

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Hey you wrote more than enough.

We welcome you to the club with open hands / wings!!!

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Re: My Journey

Posted by yosef10 - 25 May 2020 04:24

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[Swift Eagle wrote on 25 May 2020 02:05:](#)

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I hold my breath every time I try to submit a long post.

Wow, what a story, I can't believe you worked through all of that, and still continued to be as strong as you are now. Getting married, having kids... There is nothing more beautiful than that.

Ill tell all you the truth, I have gone through my own gehenom, and even though mine was different than yours, as humans, as Jews, we can all come together and say we struggled to get where we are. It's funny you say how you used to be a perfectionist, and now your not and upset about it. One extreme always go to the next. From intense davening and learning, to a dry desert, and then eventually working our way so,ethereal back to a safe spot in the middle... Seems like you'll get there soon in my opinion. Davening... Learning... Stop comparing you to your old self, do the day, one moment at a time.

And Keep doing whatever your doing, cause it seems to be working.

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Re: My Journey  
Posted by battle-of-the-gen - 25 May 2020 05:20

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Wow! what grit u got. I cant begin to imagine what your going thru and you prob have heard this but hashem only gives challenges to ppl that can handle them, and I'd say your doing a pretty darn good job.

keep your head up and keep growing

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Re: My Journey  
Posted by DavidT - 25 May 2020 13:37

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[Swift Eagle wrote on 25 May 2020 02:05:](#)

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much in that one anyway

Welcome! what an honor to have you as part of our great GYE family.

Yes, I can feel that between the lines of what you did write there is much more that was not written... You've displayed amazing courage by coming here to share your life and start a great journey to recovery.

Please feel yourself at home and with the help of Hashem you'll have a great bright future ahead.

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Re: My Journey  
Posted by Swift Eagle - 25 May 2020 14:30

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Re: My Journey  
Posted by Swift Eagle - 25 May 2020 14:33

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Thank you battle -of-the-gen for your kind words & encouragement  
Re: My Journey  
Posted by Swift Eagle - 25 May 2020 14:35

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Thank you DavidT, it's amazing what opening up to others & a few kind words of chizuk in reply

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Re: My Journey  
Posted by Swift Eagle - 25 May 2020 14:40

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Hi Markz, Yeah I originally started with all background related to my struggle from when I was  
warm welcome! Thank you for the

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can do to lift one up  
Re: My Journey  
Posted by yosef10 - 25 May 2020 16:55

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Re: My Journey  
Posted by Hakolhevel - 26 May 2020 00:07

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[yosef10 wrote on 25 May 2020 04:24:](#)

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[Swift Eagle wrote on 25 May 2020 02:05:](#)

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And Keep doing whatever your doing, cause it seems to be working.

Stop comparing yourself to your old self.

I spent many years struggling with that. If you want to discuss or you really struggle with this, past further, to me it was a big weight, and when I was able to (mostly) let go, it was very helpful.

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Re: My Journey

Posted by Hakolhevel - 26 May 2020 00:07

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