

Struggle in the loneliness of Covid 19

Posted by Sharp Shooter - 17 May 2020 22:31

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I've been struggling for years with this issue . I'm on my way Bsd to 90 days but only on level 2 encountering problems.

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Re: Struggle in the loneliness of Covid 19

Posted by Hashem Help Me - 17 May 2020 23:55

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Welcome. Keep posting and stay connected. Hatzlocha!

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Re: Struggle in the loneliness of Covid 19

Posted by Markz - 18 May 2020 00:02

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[Sharp Shooter wrote on 17 May 2020 22:31:](#)

I've been struggling for years with this issue . I'm on my way Bsd to 90 days but only on level 2 encountering problems.

And they all thought it started in a Lab in Wuhan...

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Re: Struggle in the loneliness of Covid 19

Posted by BHYY - 18 May 2020 00:15

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Welcome to the club Sharp Shooter! You are most definitely not alone. Covid is absolutely driving me nuts also. I feel the loneliness, but the good news is that there are plenty of people here to reach out to.

Stick around, we'll do this together!

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Re: Struggle in the loneliness of Covid 19

Posted by Sharp Shooter - 18 May 2020 01:32

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I know jus fell but u gotta keep getting up it's with the getting up after a fall that makes the tzadik (R Hunter)

**Warning: Spoiler!**

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Re: Struggle in the loneliness of Covid 19

Posted by Markz - 18 May 2020 02:54

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[Sharp Shooter wrote on 18 May 2020 01:32:](#)

I know jus fell but u gotta keep getting up it's with the getting up after a fall that makes the tzadik (R Hunter)[spoiler][spoiler]

Sharp Shooter, R' Yitzchak was not a Hunter

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Re: Struggle in the loneliness of Covid 19

Posted by BHYY - 18 May 2020 03:06

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[Sharp Shooter wrote on 18 May 2020 01:32:](#)

I know jus fell but u gotta keep getting up it's with the getting up after a fall that makes the tzadik (R Hunter)

**Warning: Spoiler!**

Kol HaKavod for your determination! It's rough, believe me I know. You'll get there just take baby steps and keep us updated.

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Re: Struggle in the loneliness of Covid 19

Posted by yosef10 - 18 May 2020 20:32

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Keep t up, and keep on pushing. 90 days can seem like a while, but it's worth it!!

Also, you spoke about Rav Hutner, I'm assuming your talking about the letter that speaks about Sheva Yipol tzadik... A beautiful peace.

Just know though, at least for me, it's not only about getting up, you have to be smarter when you restraint and "get up". Even if it's the 7th time and you feel like this is it, I've reached the "tzadik status" , there's always more that you can do for yourself to keep youself going and give yourself a fighting chance.

Maybe check out around the forum, read some articles,sign up for boost... Whatever your boat. We gotta take what we can get and run with it.

Keep posting!, the more you do the more we can help you get up that final time, in which you never fall again.

Hatzlacha Raba

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Re: Struggle in the loneliness of Covid 19  
Posted by yosef10 - 18 May 2020 20:34

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ALso, you mentioned your encountering problems (obviously one of them being loneliness) but anything else more specific?

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Re: Struggle in the loneliness of Covid 19  
Posted by BHYY - 19 May 2020 04:59

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[yosef10 wrote on 18 May 2020 20:34:](#)

ALso, you mentioned your encountering problems (obviously one of them being loneliness) but anything else more specific?

I don't know about Sharp Shooter but personally the fact that my life as I know it was drastically changed. We can't go near people. We can't daven in Shul or learn in Yeshiva. There is this invisible enemy lurking around and mainstream media seems to take immense joy in spreading doomsday predictions.

Sharp Shooter (or anyone reading this) if you're feeling like me I can only sympathize with you and offer what's worked for me. Go for a walk and take note. The glorious sun is still here, the deep blue sky, puffy white clouds. Spring is turning to summer and lush green lawns are growing. Hashem's world is still a happy place. Ignore the news, models, predictions; all these "geniuses" who suddenly have Ruach HaKodesh and know what's going to happen better than the Borei Olam. (Of course do listen to your local Rabbonim/governments regarding restrictions.)

There's a second wave coming? Who said? Daven that it shouldn't, that He should take this plague away from us.

We will all get out of this bez"H. I feel your pain and loneliness, Sharp Shooter, I really do. Hang in there and make Hashem proud!

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