

wife and self have no intimacy need help
Posted by Tryingjew6 - 19 Apr 2020 18:33

Hi, out there. I'm in a marriage where we have gone to therapy for 7 plus years. I have concluded that we are no longer meant to be together. Its a year since my wife has been intimate with me (a Rov involved told her 3 months she can withhold intimacy max to work on issues she needs to but she didnt listen and has no intention of getting our relationship back...at least so it seems) and I'm now just trying to stay in our roommate type marriage till my 11 year old reaches 16. we dont fight and we have no connection anymore or even desire to connect. My struggle with lust is worse because of difficult situation. Is there any forum here where people have similar struggles or can someone point me in direction of a support group

Thanks

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Re: wife and self have no intimacy need help
Posted by Shmuel - 19 Apr 2020 18:46

You my want to check out the "baal Habatim" forum. There are several threads with similar situations being discussed!

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Re: wife and self have no intimacy need help
Posted by sleepy - 20 Apr 2020 07:41

[Tryingjew6 wrote on 19 Apr 2020 18:33:](#)

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Thanks

hi tryingjew6, dont give up! i cant dispense advice to you, unfortunately, but Hashem CAN change your situation to something you never would have believed can happen, do whatever you feel is necessary, therapy etc.

be a good husband without sex, help around the house, compliment meals, compliment how she looks (without her thinking you're trying to get her to the bedroom,) say i like your dress and change the subject to something else pleasant, AND DAVEN! nothing wrong with davening, Hashem, please help me that me and my wife should have Shalom bayis and a normal intimate life like every man and wife have and like Hashem WANTS you and your wife to have, dont be embarrassed to ask Hashem for such things, just make sure that your neighbor in shul (when) doesnt hear.

Hatzlacha!

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we go back to shul