

Elul -- A First

Posted by Piyut1 - 05 Sep 2019 14:51

---

So for the first time in probably 20 years I entered Elul sober. Sober for 30+ days for the first time in many, many years. It also means going to selichot (sefaradi) for the first time in forever NOT reeling with terrible guilt. It means that with Hashem's help I will get to Rosh Hashana sober as well. I can focus on tefilla not on guilt.

I had nowhere else to share this idea and hope so I am posting here so you. my newfound community can help support me, as we support each other. Thank you all so much!

=====

=====

Re: Elul -- A First

Posted by Hashem Help Me - 06 Sep 2019 02:33

---

Welcome. Great attitude. What has helped you stay clean?

=====

=====

Re: Elul -- A First

Posted by Piyut1 - 06 Sep 2019 03:43

---

Thanks! Believe it or not, the adding daily on this site that I'm clean and seeing the days add up is great chizuk! I picture the book in shamayim that Hashem has and Him recording it as well

=====

=====

Re: Elul -- A First

Posted by gyehelp2017 - 06 Sep 2019 05:03

---

Keep it up chabbi!! And thanks for keeping us posted with your success.

=====

=====