

... A Progressive Giyur

Posted by 6134752 - 21 Jul 2019 22:03

Shalom all. I am a Progressive... Not sure that holds too much weight here, as I expect the majority are strictly orthodox... True?

Anyways, I am later 20s and from UK... 14 days Shomer HaBris, so far. Yesod, here I go!

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Re: ... A Progressive Giyur

Posted by Inspired - 22 Jul 2019 03:34

Way to go! Reach out for anything!

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Re: ... A Progressive Giyur

Posted by gyehelp2017 - 22 Jul 2019 04:33

[6134752 wrote on 21 Jul 2019 22:03:](#)

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Welcome aboard!

Everyone is welcome here to join and grow, keep on posting. Stay in touch with all the great people around here, and be inspired by inspiring others!

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Re: ... A Progressive Giyur
Posted by Singularity - 22 Jul 2019 08:07

Welcome

May GYE breathe a new life of vitality within you.

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Re: ... A Progressive Giyur
Posted by 6134752 - 22 Jul 2019 08:43

I see you have 88 days so far, mazel tov... Any good advices? I try to recite the tikkun haklali, straight followed by night time Shema... But often only do the latter. Am managing so far B"H. Cold showers... Any thing else you can suggest?

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Re: ... A Progressive Giyur
Posted by 6134752 - 22 Jul 2019 09:08

[gyehelp2017 wrote on 22 Jul 2019 04:33:](#)

[6134752 wrote on 21 Jul 2019 22:03:](#)

Shalom all. I am a Progressive... Not sure that holds too much weight here, as I expect the majority are strictly orthodox... True?
I really appreciate this, thank you

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Please see my above post

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Re: ... A Progressive Giyur

Posted by gyehelp2017 - 22 Jul 2019 14:55

[6134752 wrote on 22 Jul 2019 08:43:](#)

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For me personally, doing exercise helps me a lot to stay calm throughout the day, and the 90 day chart here on GYE is very encouraging.

What helped me more than anything else, was being in touch with others - posting on the forum and by phone call/text in a real and honest way.

I am just sharing what worked for me, not that this is 'the' way to do it.

All the best, and keep on posting!!

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Re: ... A Progressive Giyur

Posted by growup - 22 Jul 2019 23:37

I really appreciate this, thank you

amazing ! i would suggest reaching out on a personal level (i.e. one on one or email or chat) to seek guidance.....

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