

again. I'm here

Posted by lampowerless - 09 Jul 2019 02:49

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Re: again. I'm here

Posted by iwillnevergiveup - 09 Jul 2019 04:25

I have been having some terrible days,

One of yetzer hara's tactics is to make a person feel very depressed about the thing they did wrong. This is to cause you to do it again. While you have done wrong, you can not allow yourself to feel bad to the point of giving up. It'll will only harm you.

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Re: again. I'm here

Posted by Singularity - 09 Jul 2019 08:51

Welcome back!

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Re: again. I'm here

Posted by Dave M - 09 Jul 2019 13:17

I'm sorry to hear that you are going through a rough patch. Have you read through the 2nd part of the GYE handbook? It offers tremendous chizuk and perspectives on how to view this nisayon. It's a good "pick me up".

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Re: again. I'm here

Posted by lampowerless - 09 Jul 2019 14:05

Thanks for the warm rewelcome. I did read the GYE handbook about 2 years ago. I'm definitely due for a chazara.

Love Yankel

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