

Hi guys!

Posted by Killjoy - 11 Nov 2018 05:29

hey I'm killjoy (I guess) and I'm new and trying to stop... well you know. It was hard signing considering I'm pretty yeshivish, but there you go.

cheers!

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Re: Hi guys!

Posted by i-man - 11 Nov 2018 05:41

welcome

There's lots of yeshivish guys here so no worries...

when you feel comfortable please share your struggles so that we could help you find a mehalech to overcome it

Hatzlachah

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Re: Hi guys!

Posted by gyehelp2017 - 11 Nov 2018 06:01

Hi! We may all come from different backgrounds, but we are all one big family here on this site. We all want to stay clean, and no matter where we come from and what our background is EVERYONE is welcome here. So feel comfortable to start on your new journey, welcome aboard!!

just wanted to point out, that when I signed up I felt a 'little' lost, but the more you will hang around here you will learn. And please feel free to contact me at anytime at gyehelp2017@gmail.com if I can any help for you.

Hatzlucha raba!!!!

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Re: Hi guys!

Posted by Killjoy - 11 Nov 2018 12:05

Thnx!

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Re: Hi guys!

Posted by Killjoy - 11 Nov 2018 12:16

Alright I'll shoot, Basically masturbating been a problem for a long time. But porn... that's new. Started around 3 months ago, and I don't think I'm addicted but I can't seem to quit... does that make sense? Anyway I could hold myself back for a few days but then I cave.

First time I aired that out

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Re: Hi guys!

Posted by mzl - 11 Nov 2018 13:58

[Killjoy wrote on 11 Nov 2018 12:16:](#)

Alright I'll shoot, Basically masturbating been a problem for a long time. But porn... that's new. Started around 3 months ago, and I don't think I'm addicted but I can't seem to quit... does that make sense? Anyway I could hold myself back for a few days but then I cave.

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To me it makes sense. It's very possible that if you can quit porn for a long enough time, after that time you'll be able to stay away from it without special tools or behaviors.

Maybe you could try the tapshic method.

You can try my original poof method too if it appeals to you. Though one guy read it the other day and didn't understand it, so don't spend too much time on it. It's linked down below.

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Re: Hi guys!

Posted by Hashem Help Me - 11 Nov 2018 18:55

Welcome. Iyh it will be with hatzlocha here. you seem relieved to have finally written and posted. ashreiche. That is the first step in getting free from this mess. stay connected and iyh we will celebrate together.

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Re: Hi guys!

Posted by gibbor120 - 14 Nov 2018 22:11

Welcome! Thanks for being open and honest. Recovery depends on it. Keep it up.

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