

A Good Boy

Posted by EvedHaShem716 - 22 Aug 2018 01:18

Hi there. I'm a 19-year-old modern orthodox boy. I started when I was 16 exploring my body and stuff. I didn't start watching things though. I was just pleasuring myself every now and then, as it felt good. Then I was watching Netflix and came across a scene in a show that really got me into it. It was all downhill from there. for the next 2 years mostly every day once or maybe twice a day of porn sites and masturbation. I always knew I had to stop and had some success in the past (1 month is my longest streak). Finally, I I decided it was time to do something after yesterday when my mom was saying how "good of a boy" I was and how any girl would be lucky to marry me. I felt really guilty and realized I had to take care of hsi before it ruined any relationship I would have so went exploring ways to fight this, and came across GYE. Looking for support in my journey. I am 2 days clean!

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Re: A Good Boy

Posted by Hashem Help Me - 22 Aug 2018 01:58

Welcome It should be with hatzlocha. You will iyh get out of this if you stay connected.

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Re: A Good Boy

Posted by JoyOfLife - 22 Aug 2018 17:54

You came to the right place. BH there are plenty of guys who already beat this thing and are helping people like us to go on their path. Congratulations on taking this step!

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Re: A Good Boy

Posted by Realestatemogul - 22 Aug 2018 23:50

I am wishing you a successful Journey!

I say journey because nothing is beat in an instant. It takes learning about yourself and being

honest with what drives you. I can see your an honest person by the fact that you were bother by being called a good boy. Honesty is the most important growth tool! Make sure you only use it as your friend, while it has helped me grow so much in life unfortunately I have used it to beat myself up over lack off accomplishments. The fact that you are on here says that you want to be a better person. Only focus on positive things like that and you will see you are already half-way through the battle!

Try the 90 day chart and link a forum. Can't wait to see the post about your year free!

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Re: A Good Boy
Posted by ???? ???? - 23 Aug 2018 09:52

Hi! yes you're a good boy! and you can stay so by staying attached to the amazing people here on this site who are here to help people like you and me and everyone in between, hatzlocha rabbo and keep it going step by step!

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Re: A Good Boy
Posted by bob2 - 30 Aug 2018 07:11

hatzlacha rabbah

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