

Watching pornography

Posted by Sober - 24 Jun 2018 23:06

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I feel that when I watch porn it's because there's nothing else to do. If anyone has any ideas for interesting hobbies I can take up I would really appreciate it

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Re: Watching pornography

Posted by ILFT-ME - 24 Jun 2018 23:53

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Here are some ideas for things to do instead:

Click [here](#) for a list of ideas

Exercising:

Jogging, brisk walking, cycling, weight lifting, tennis, joining a gym, the list could go on and on...

Listening to shiurim:

Torahanytime.com is my favourite but there are alot of other websites aswell including:

[guardyoureyes.com/kosher-isle/shiurim](http://guardyoureyes.com/kosher-isle/shiurim)

simpletoremember.com

again the list could go on...

Also have a look at [guardyoureyes.com/kosher-isle/](http://guardyoureyes.com/kosher-isle/)

[glatweb.com](http://glatweb.com) has alot of kosher videos/documentaries/films

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Re: Watching pornography

Posted by mzl - 25 Jun 2018 00:34

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I think probably things that require total concentration and instantaneous reactions, like playing fast videogames or practicing with a musical instrument. If you can learn gemara though that's much better for you, either a gemara you have never learned before, or learning anything with a study partner.

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Re: Watching pornography

Posted by i-man - 25 Jun 2018 03:18

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Heres a few suggestions ... if none of these talk to you pm me and i can help you find something geared for you ... Good luck

Indoor hobbies

3D printing[1]

Acting[2]

Amateur radio[3]

Aquascaping

Baking

Baton twirling[4]

Board/tabletop games[5]

Book restoration

Cabaret

Calligraphy[6]

Candle making[7]

Coffee roasting

Coloring[8]

Computer programming[9]

Cooking[10]

Cosplaying[11]

Couponing[12]

Creative writing[13]

Crocheting[14]

Cross-stitch

Crossword puzzles

Cryptography[15]

Dance[16]

Digital arts[17]

Do it yourself[18]

Drama[19]

Drawing[20]

Electronics[21]

Embroidery[22]

Fantasy sports

Fashion

Fishkeeping

Flower arranging[23]

Foreign language learning[24]

Gaming (tabletop games and role-playing games)[25]

Genealogy[26]

Glassblowing[27]

Gunsmithing

Herp keeping

Homebrewing[28]

Hydroponics[29]

Ice skating[30]

Jewelry making[31]

Jigsaw puzzles[32]

Juggling[33]

Knife making

Knitting[34]

Kombucha brewing

Lace making[35]

Lapidary[36]

Leather crafting

Lego building[37]

Listening to music[38]

Machining[39]

Macrame[40]

Magic[41]

Metalworking

Model building[42]

Model engineering

Origami[43]

Painting[44]

Pet

Philately

Photography

Playing musical instruments[45]

Poi

Pottery[46]

Puzzles[47]

Quilling

Quilting[48]

Reading[49]

Scrapbooking[50]

Sculpting[51]

Sewing[52]

Singing[53]

Sketching[20]

Soapmaking[54]

Stand-up comedy[55]

Table tennis[56]

Taxidermy[57]

Video game developing

Video gaming[58]

Watching movies[59]

Watching television

Whittling

Wood carving[60]

Woodworking[61]

Worldbuilding[62]

Writing[63]

Yo-yoing[64]

Yoga[65]

Outdoor hobbies

Air sports[66]

Archery[67]

Astronomy[68]

BASE jumping[69]

Baseball[70]

Basketball[71]

Beekeeping[72]

Bird watching[73]

Blacksmithing

Board sports[74]

Bodybuilding[75]

Brazilian jiu-jitsu[76]

Camping

Canyoning

Dowsing[77]

Driving[78]

Fishing[79]

Flag football[80]

Flying[81]

Flying disc

Foraging[82]

Freestyle football[83]

Gardening[84]

Geocaching[85]

Ghost hunting[86]

Graffiti[87]

Handball[88]

High-power rocketry

Hiking[89]

Hoop[ing][90]

Horseback riding

Hunting[91]

Inline skating[92]

Jogging[93]

Kayaking[94]

Kite flying[95]

Kitesurfing[96]

LARPing[97]

Letterboxing[98]

Longboarding

Martial arts

Metal detecting[99]

Motor sports[100]

Mountain biking[101]

Mountaineering[102]

Mushroom hunting/mycology[103]

Netball[104]

Nordic skating[105]

Orienteering[106]

Paintball[107]

Parkour[108]

Photography[109]

Polo[110]

Powerlifting

Rafting[111]

Rappelling[112]

Road biking

Rock climbing[102]

Roller skating[113]

Rugby[114]

Running[93]

Sailing[115]

Sand art[116]

Scouting



Scuba diving[117]

Sculling or rowing[118]

Shooting[119]

Shopping[120]

Skateboarding[121]

Skiing[122]

Skimboarding[123]

Skydiving[124]

Slacklining[125]

Snowboarding[122]

Stone skipping[126]

Sun bathing

Surfing[127]

Swimming[128]

Taekwondo[129]

Tai chi[130]

Topiary

Travel

Urban exploration[131]

Vacation

Vehicle restoration[132]

Walking

Water sports[133]

Collection hobbies

Indoors

Action figure

Antiquing[134]

Art collecting[135]

Book collecting[136]

Card collecting[137]

Coin collecting[138]

Comic book collecting[139]

Deltiology (postcard collecting)[140]

Die-cast toy

Element collecting[141]

Movie and movie memorabilia collecting[142]

Phillumeny

Rail transport modelling

Record collecting[143]

Shoes

Stamp collecting[144]

Video game collecting[145]

Vintage cars[146]

Outdoors

Antiquities[147]

Auto audiophilia[148]

Flower collecting and pressing[149]

Fossil hunting[150]

Insect collecting[151]

Magnet fishing

Metal detecting[152]

Mineral collecting[153]

Rock balancing[154]

Sea glass collecting[155]

Seashell collecting[156]

Stone collecting[157]

Competitive hobbies

Indoors

Animal fancy[158]

Badminton[159]

Baton twirling[160]

Billiards[161]

Bowling[162]

Boxing[163]

Bridge[164]

Cheerleading[165]

Chess[166]

Color guard[167]

Curling[168]

Dancing[169]

Darts[170]

Debate[171]

ESports

Fencing[172]

Go[173]

Gymnastics[174]

Ice skating[175]

Kabaddi[176]

Laser tag[177]

Longboarding

Mahjong[178]

Marbles[179]

Martial arts[180]

Poker[181]

Slot car racing[182]

Speedcubing

Sport stacking

Table football[183]

Volleyball[184]

Weightlifting[185]

Wrestling[186][better source needed]

Outdoors

Airsoft[187]

American football[188]

Archery[67]

Association football[189]

Australian rules football[190]

Auto racing[191]

Baseball[192]

Beach volleyball[193]

Breakdancing[194]

Climbing[102]

Cricket[195]

Cycling[196]

Disc golf[197]

Dog sport[198]

Equestrianism[199]

Exhibition drill[200]

Field hockey[201]

Figure skating[30]

Fishing[202]

Footbag[203]

Golfing[204]

Handball[88]

Horseback riding

Ice hockey[205]

Judo[206]

Jukskei[207]

Kart racing[208]

Knife throwing

Lacrosse

Longboarding

Marching band

Model aircraft[209]

Racquetball[210]

Radio-controlled car racing[211]

Roller derby[212]

Rugby league football[213]

Sculling or rowing

Shooting sport[214]

Skateboarding[215]

Speed skating[30]

Squash[210]

Surfing[127]

Swimming[128]

Table tennis[56]

Tennis[216]

Tennis polo

Tether car

Tour skating[105]

Triathlon[217]

Ultimate frisbee[218]

Volleyball[193]

Water polo

Observation hobbies

Indoors

Fishkeeping

Learning

Microscopy[219]

Reading[220]

Shortwave listening[221]

Videophilia[222]

Outdoors

Aircraft spotting[223]

Amateur astronomy[68]

Astrology[224]

Birdwatching[73]

Bus spotting[225]

Geocaching[85]

Gongoozling[226]

Herping[227]

Hiking/backpacking

Meteorology[228]

Photography

Satellite watching

Trainspotting[229]

Traveling[230]

Whale watching

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Re: Watching pornography  
Posted by lionking - 25 Jun 2018 12:55

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I-man, if that list is only a few suggestions, I can only wonder what the complete list looks like!

It would help to put a brief description by each one. I'm a little confused. I think I will go BASE

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Re: Watching pornography  
Posted by mzl - 25 Jun 2018 13:32

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Re: Watching pornography  
Posted by Gevura Shebyesod - 25 Jun 2018 14:01  
jumping while dowsing and watch people sun bathing at the same time.

I can't see the footnotes.

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Re: Watching pornography  
Posted by Sober - 25 Jun 2018 17:00

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Thank you for the ideas,they were really helpful. i think I'm gonna start ice skating.



Re: Watching pornography

Posted by Phill Up - 01 Jul 2018 12:41

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Hatzlacha, Sober! The main trick is to avoid being in a situation where there is nothing to do and it's easy to look up porn. Taking up hobbies is a wonderful idea- you will feel great about yourself for being productive and it spurs other constructive behavior. It's also important to have a plan for when it will be harder to avoid triggers and easy situations for checking porn. I for one have struggled on fast days, so one helpful strategy is to have a number of light activities or errands ready to do today. It's amazing that you're thinking of the cause and targeting it appropriately.

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