## **GYE - Guard Your Eyes** Generated: 26 July, 2025, 21:42 Hello Posted by evergreen - 16 Apr 2018 03:46 Hi all, I just joined GYE this past week. I have struggled with acting out from my early teens. Now I am in my early 20's, but nothing has changed much. Over the years I've had successes and failures - B"H I've never hit rock bottom. Recently I decided enough is enough, and with Gods help I hope to rid myself of my struggles by joining the incredible GYE community. Hatzlacha to all! Re: Hello Posted by lifebound - 16 Apr 2018 03:59 Hey, welcome. May you have much success on your journey. Re: Hello Posted by ieeyc - 16 Apr 2018 13:48 hatzlacha! have you tried out the gye handbook, its great!

Re: Hello
Posted by Hashem Help Me - 16 Apr 2018 22:25

Welcome. It should be with hatzlocha. You chose a good place to come to. Get to know the chevra here.

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## **GYE - Guard Your Eyes**

Re: Hello
Posted by Singularity - 17 Apr 2018 13:14

Welcome!

Define this rock bottom you haven't hit yet.

Why not just call the worst thing you've done "rock bottom"

can't dig further down through rock.

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Re: Hello
Posted by gibbor120 - 25 Apr 2018 15:28

Welcome! Check out the handbook. Keep posting.