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A bit of me

Posted by yyyyyyy - 12 Apr 2018 05:49

I am a person who is well respected where I live and I have struggled with various tayvah issues for a long time. I am up very late working and sometimes learning and I find the Yetzer Hara stalking me and whispering (figuratively) to me to engage in thoughts/fantasies and viewing things taht are not proper. Though I don't find myself following his advice more than a few times a month, I can't seem to just get him away and "never know" when the triggers will strike. I finally decided to try GYE as I have heard good things. I guess one worry I have is that I am fooling myself. Now if I stumble I could say, "Nu. I am trying my best. The proof is, I work on myself with GYE.

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Re: A bit of me

Posted by Hashem Help Me - 12 Apr 2018 11:24

Welcome to a great place. You sound like a serious person. Many join GYE and then just disappear. The system works if you stay connected. GYE offers many things. By utilizing the many opportunities here we develop the proper focus and attitude. Of course everyone is different and each person has to find what is most helpful for themselves. Personally, the ability to connect to real sensible frum successful people through the chats and forums - which then lead to speaking on the phone and developing a friendship with some great individuals - is what BH saved me. And yes, i have even met some of those people too.... Look around the site and see what works for you. May Hashem give you much hatzlocha.

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Re: A bit of me

Posted by Gettinghelp2 - 12 Apr 2018 15:11

Im also quite respected and a professional businessman . I was here in 2009 and left . HUGE MISTSAKE!!!!! Ive lost tons(money) and in other areas all bc of the lust addiction. Please I beg you stay here and use all the help available to you. IT WILL HELP !!!!!

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