

Here's my Story: Please Share yours!

Posted by EvedHashem613 - 08 Apr 2018 21:23

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I am 22, and have been struggling with Shmiras Einayim and Shifchas Zerah for almost a decade.

I was exposed as a young teenager, and was never taught how to prevent this serious issue. I've been on and off for years, always trying to stop. I have filters on all of my devices, but that doesn't seem to be enough. There are always ways around them. An unstoppable will can find any way of achieving its goal. I love Hashem and Torah more than anything, but have not been successful at overcoming this challenge.

I would love to hear from any of you regarding your experiences, challenges, and how you overcame them.

All the best!

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Re: Here's my Story: Please Share yours!

Posted by HashemEchad - 09 Apr 2018 00:10

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I'm with you. I totally understand what you are going through. Giv the tapshic method a shot it could be worth your while. Don't forget Hashem loves you for your efforts! All he checks is that you are trying not completing the job. and the failures are not in vain Judaism is NOT all or nothing we believe in the littlest of growth !!! You gotta believe inyour self. There is a ton to gain from the site browse and see what catches your interest. Feel free to msg me if you'd like to talk

Hashem is One

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Re: Here's my Story: Please Share yours!

Posted by bear - 12 Apr 2018 04:08

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Hang in there, Hatzlacha.

I have a lot of similar details in my story.

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