

My journey until..

Posted by Bhairav - 08 Apr 2018 07:11

Hello everyone,

I at my age of 14 unfortunately fall in masterbation hobby.I was at secondary school. I tried many times to quit the same.but the erotic pics in TV and news papers tempted me to repeat masterbation. When I went for graduation I got a cellphone , through which I started watching compiled videos of hot scenes of movies. And also I started watching Porn. It affected me heavily. Now I'm struggling heavily to quit it. Last month I tried 21 days without PMO. But on 22nd day I fell 4 times . I feeling less energy and more heated body . And I have to get through it. Yesterday while searching online help I got this platform. Hope this time I'm going to succeed .I never quit. Give me ur valuable suggestions...

thank you.

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Re: My journey until..

Posted by ieeyc - 08 Apr 2018 07:42

wow ,thats great! keep it up ! try reading the gye handbook , thats the place to find great ideas !be well!

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