

My current story..

Posted by Moishgye - 25 Feb 2018 04:31

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Dear fellow Gye. Members,

I already got a nice welcome since joining this past friday.

I struggled since I was little with masturbation.

at age 22 I started viewing online.

I am now 30 and still struggling on and off with p\*\* and mast..

I was neglected as a child.

so I think lack of love and relationship leads me down this path..

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Re: My current story..

Posted by lifebound - 25 Feb 2018 04:43

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Hello Moish, welcome!

Thank you for sharing, I'm sorry to hear about your troubled childhood...have gone to therapy at all for that? Are you married/single?

Being connected is key to overcoming this struggle. With God's help you will develop meaningful relationships with others here who relate to your struggles. Keep posting!

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Re: My current story..

Posted by Moishgye - 25 Feb 2018 04:47

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Just to continue with more details..

I'm am married with children.

I am improving emotionally.

I am looking for a partner similar to me.

Im heimish-yeshivish

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Re: My current story..

Posted by iampowerless - 25 Feb 2018 16:02

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Welcome Moish, stick around and keep on sharing a lot of us have been where you are now and have grown tremendously since

Love Yankel!

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Re: My current story..

Posted by ieeyc - 26 Feb 2018 01:39

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welcome and hatzlacha, i hope you find all that you need here at gye .if it helps, what works for me is the chizuk email archive they are great!

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Re: My current story..

Posted by Singularity - 27 Feb 2018 11:55

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Re: My current story..

Posted by gibbor120 - 28 Feb 2018 14:29

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Welcome! Your story is very common. Your neglect as a child certainly makes a difference. Check out the handbook.

Have you discussed your neglect with anyone? Have you gone for therapy of any kind.

Do you have anyone to talk to? Talking to someone can be very helpful.

You say that you want a partner similar to you. That is fine, but don't box yourself in. This problem affects us all, and you don't necessarily need to speak to someone like yourself. There are so many different types on this site, and we all struggle, and we all help each other.

Keep posting. Many have been helped here. Never ever give up!

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