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Starting my journey Posted by Mrmgwinner90 - 08 Feb 2018 17:30

I am just starting my journey today. It is very hard for me to come to terms with my struggle. I am a person in a position of influencing others and I feel like a traitor when I act out. I have come to the realization that I am still that great person who inspires others and I just have a major issue. I need and will deal with it.

Please encourage me along the way

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Re: Starting my journey

Posted by lifebound - 08 Feb 2018 17:49

Mrmgwinner90 wrote on 08 Feb 2018 17:30:

I am just starting my journey today. It is very hard for me to come to terms with my struggle. I am a person in a position of influencing others and I feel like a traitor when I act out. I have come to the realization that I am still that great person who inspires others and I just have a major issue. I need and will deal with it.

Please encourage me along the way

Hello, welcome!

Kudos to you for taking the first step, that in itself is a great accomplishment. Read through other's stories here and you will see you are not alone, there are plenty of great people who struggle with this. That feeling of living a lie is all too familiar, God willing you will succeed.

There's a great bunch of people here who only want the best for you, we're all in this together. Keep posting!

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Re: Starting my journey

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Posted by heemircha - 08 Feb 2018 18:19 Mrmgwinner90 wrote on 08 Feb 2018 17:30: I am just starting my journey today. It is very hard for me to come to terms with my struggle. I am a person in a position of influencing others and I feel like a traitor when I act out. I have come to the realization that I am still that great person who inspires others and I just have a major issue. I need and will deal with it. Please encourage me along the way Well said. What type of encouragement are you looking for? Hatzlacha and keep posting. Re: Starting my journey Posted by ieeyc - 08 Feb 2018 22:16

welcome i think that took real gevura to post ,no rushing , but maybe youll feel better if you give over your story, i personaly have not gave over my story, at least in public, but whenever i do, i

hatzlacha!

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Re: Starting my journey

feel a big burden lifted.

Posted by Hashem Help Me - 09 Feb 2018 02:09

Welcome. It should be with hatzlocha. I experienced the same contradiction in my life. Advising and influencing others in what I knew was right but living that secret dark "other life". This place saved me and iyh you will be helped too. Maybe without identifying details, writ some more info so we get a clearer picture.

Re: Starting my journey

Posted by bear - 09 Feb 2018 18:03

Hey welcome!

Hatzlacha!

Re: Starting my journey

Posted by torah protects - 11 Feb 2018 00:04

Welcome, I can relate to your feelings and I believe many can,

I believe that by opening up to a safe person and in a safe place you can slowly rid yourself from those feelings,

GYE - Guard Your Eyes

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keep on working with gye and soon you 'll be able to influence others in this aspect as well.

Getting out of isolation is a strong factor in helping us to live with ourselves and to get us stronger to battle this difficult struggle

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keep on posting and wish you lots of success
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Re: Starting my journey Posted by gibbor120 - 12 Feb 2018 18:44
Welcome! Check out the handbook. Keep posting. Tell us more about yourself.