

On Board again

Posted by chaimyakov - 21 Jan 2018 21:10

Some of you "oldtimers" may remember me, chaimyakov. I was active for a few years, was sober for more than two years and then fell and kept falling because I wanted to. It has been about four years of falling and acting crazy(crazy= doing the same things over and over but expecting different results), and chiefly not doing any of the things that worked to get/keep me sober. Well I am back on board again but frankly, I am not sure I really want to stop falling. Yes intellectually I want to live sober, but who cares about the intellect when... I have accountability software on my phone and computer, but I have access to unprotected computers that I repeatedly abuse. I hope this is my first step back to sane living. Only time will tell and only HE knows.

Kol Tuv

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Re: On Board again

Posted by chaimyakov - 18 Mar 2018 17:01

To thine own self be true.

I listened to too many d*&n lies and fell. One in particular, "yichud with an unfiltered device is not a problem(especially for a person such as you(me))"

What to do about it?

I resolve, bli neder, to avoid all yichud with unfiltered devices. In the case that I can not avoid yichud, I will listen to one or more GYE Chizuk broadcasts before/during the yichud.

Kol Tuv and hatzlacha to all.

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Re: On Board again

Posted by gibbor120 - 19 Mar 2018 16:01

[chaimyakov wrote on 11 Mar 2018 16:47:](#)

Lies, Lies and D*&N Lies

Just look at some inappropriate pictures, enjoy yourself. You aren't hurting anybody. Nobody will know. You will feel so much better. Everybody else is doing the same thing. Just this one time. Just a little peek won't hurt. You wouldn't have been given such a desire if you weren't allowed to fulfill it. Go ahead, you have earned it. You have been so good for so long, so enjoy. Are you sure your computer is really safe? You better check to be sure. See if they have patched that weakness you found before. This will probably be the last chance you will ever have to see... I wonder if I can sneak anything inappropriate past my filter. What if I try this? None of this will have a lasting effect on me, my wife, our family. If it was really so bad, how is it possible that I have been doing this for so long without any ill effects? Isn't it natural?

Please feel free to add more. This is just a sampling from (not)our friend, the yetzer hara

Grateful for another sober day, Kol Tuv

PS he is not our friend when we fail, but definitely our friend when we succeed. (hamevin, yavin)

Sounds very familiar to me.

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