

Introducing myself

Posted by Endure77 - 20 Jan 2018 22:40

hello,

I've been battling these behaviors looking at erotic images and pornography for twenty some years. As a result of this behavior, I've been separated from my wife 4 years, though we have a 2 children together so we keep in touch and I provide for them financially. I must admit, that if I had come in contact with the recovery community twenty years ago, perhaps I would still be enjoying a happy marriage. Right now my goal is to break free. I realize that I can't do this alone, so I look forward to receiving support and giving support to others.

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Re: Introducing myself

Posted by Markz - 21 Jan 2018 00:37

Wow that's a lot to endure

Thanks for joining and I hope your Truck can hit the speed or whatever Cord' is referrin' to when he says "'-d speed"

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Re: Introducing myself

Posted by Hashem Help Me - 21 Jan 2018 04:32

Welcome. lyh you will break free here. keep posting and stay connected. The chevra here want to help. Hatzlocha!

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Re: Introducing myself

Posted by gibbor120 - 22 Jan 2018 15:36

Welcome! Check out the "dov quotes" (there is a link in my signature). Keep posting!

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Re: Introducing myself

Posted by Singularity - 22 Jan 2018 15:57

Welcome! Sorry the marriage plumbed. That must be so hard to live with..

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Re: Introducing myself

Posted by eli613 - 04 Feb 2018 06:15

Welcome. I am an addict and although my wife and friends never found about my acting out it is still really painful for myself. I live with so many regrets and the fragility that I might screw up again. Luckily I have found GYE and SAA and I am working with a sponsor on the 12 steps. I am sorry about your marriage. It takes hard work but I feel like now that I decided to dedicate my life to staying sober there is really hope for me and there is hope for you to.

Keep sharing!

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