GYE - Guard Your Eyes

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Introducing Myself
Posted by Highroller - 06 Jan 2018 21:40

Hi I'm 23, single, so happy that someone recommended me this website.

Just recentley got back into davening, coz got abit fed up with it coz wasnt feeling that it was changing anything, and also started wearing titzit again last week.

Got a new job begining of month, please hashem that it should work out amazing and the new company should make millions in sales.

In process of sorting out filters. Been speaking to therapists re SSA..... Hopefully wil be able to put that Horrible abomination behind me for Good. Any Tips wil be appreciated.

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|--|--------------|------------|----------------|-------------|-----|
| Keep Strong. | | | | | |
| ====================================== | ====== | ====== | ======= | | ==: |
| Re: Introducing Myself Posted by 360gye - 06 Jan 2018 23:39 | | | | | |
| Welcome to the site, | | | | | |
| So glad you came here to join us in fighting t | this. I hope | everything | goes well in y | our job and | in |

Some tips that have helped me: Stay connected, Get a filter, and join the Partner program

Let me know if you want any help

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life.

Re: Introducing Myself

Posted by iampowerless - 07 Jan 2018 01:00

Hey Mr highroller, welcome i'm 22 and single and i understand you, life is very complicated at

our age and stage. glad to hear that you are headed in a good direction. KEEP STRONG!

LOVE YANKELE!

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Welcome, Highroller! I really appreciate your honesty and willingness to reach out to others. I am also an SSA struggler. My recent journey has been to try to explore and understand its origins in my life, accept it, and work to learn how to develop healthy emotional connections with men that can satisfy me but not fuel my SSA lusting. Thru GYE I participated in a few cycles of Jonathan Hoffman's weekly phone conferences for men struggling with SSA. More recently I started working privately with Jonathan on emotional wound healing. Sounds like you're on the road to a better life and am moved by your efforts in that direction. Hatzlacha rabah!

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Re: Introducing Myself

Posted by Highroller - 07 Jan 2018 01:38

humblewarrior wrote on 07 Jan 2018 01:29:

Welcome, Highroller! I really appreciate your honesty and willingness to reach out to others. I am also an SSA struggler. My recent journey has been to try to explore and understand its origins in my life, accept it, and work to learn how to develop healthy emotional connections with men that can satisfy me but not fuel my SSA lusting. Thru GYE I participated in a few cycles of Jonathan Hoffman's weekly phone conferences for men struggling with SSA. More recently I started working privately with Jonathan on emotional wound healing. Sounds like you're on the road to a better life and am moved by your efforts in that direction. Hatzlacha rabah!

Thanks, deff gona try and tap in to these phone calls.

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Re: Introducing Myself

Posted by Highroller - 07 Jan 2018 01:55

humblewarrior wrote on 07 Jan 2018 01:29:

Welcome, Highroller! I really appreciate your honesty and willingness to reach out to others. I am also an SSA struggler. My recent journey has been to try to explore and understand its origins in my life, accept it, and work to learn how to develop healthy emotional connections with men that can satisfy me but not fuel my SSA lusting. Thru GYE I participated in a few cycles of Jonathan Hoffman's weekly phone conferences for men struggling with SSA. More recently I started working privately with Jonathan on emotional wound healing. Sounds like you're on the

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To be honest I've never spoken about it to anyone.

I have been messing around since 11 years old in school, with a few diff boys.

But there was one boy who wasnt in my class, who actually got me kicked me out school, we wernt really messing around down below, just openly walking around hugging and holding hands. One day my Headmaster called me in the office and had a long chat all about it and basically told me catches me saying a word to that boy again, and i wil be kicked out instantly.

Being in the relationship that we were in, i wasnt goin to stop talking to him and within an hour of that meeting i was walking out of the school gates;-)

I did get back in to school though.

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Moving on to yeshiva this carried on, all with the same boys that I was in school with, even though they were in diff yeshivos.

One thing which i could not understand, happened quite a few years in a row, Daven the whole yom Kippur that we should be forgiven, and that it wil never happen again and within an hour of motza i would be chillin like mad.

HOW CAN IT BE ?? and that would then carry on til the next resolution which also wouldnt last very long hashem yerachem.

Been constantly Trying to be shomer habris, with chizuk and charts etc... nothing would ever last. The longest i ever did was 20 days, it was rosh hashona time last year and I was by the holy Rebbe Reb Nachman.

| Hopefully that's about to change and keep clean forever and ever. Amen |
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| ======================================= |
| Re: Introducing Myself Posted by Hashem Help Me - 07 Jan 2018 04:12 |
| One good step may be to reach out to some successful people here as partners. It is usually ver helpful. |
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Re: Introducing Myself

Posted by bear - 07 Jan 2018 05:07

Hatzlacha!!

I am also part of the 23 and single club.

wishing you best success

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Re: Introducing Myself

Posted by Highroller - 07 Jan 2018 13:15

Highroller wrote on 06 Jan 2018 21:40:

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Keep Strong.

Next Chapter and this is deff the worst chapter of my life..... May hashem have mercy on me.

So after yeshiva came back to work and stopped chilin, besides for the occasional M/B.

Until I came across a close friend who was similar age to me and was having same problems as me. We started chilling like crazy and because we were close friends would basically always go away together and always be around each other....... It was not good, we were in a proper secret relationship and we were always chilling.

I recently decided to stop talking to him and one day to the next just started completly ignoring him because of this.

I just spoke to him last night for the first time in a very long time, I was under a lot of pressure

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from a lot of people to make up with him, because they just thought we fell out over something small, because I obvusily didnt want to tell them the real reason, didnt want to embarrass myself or him. I hope i did the right thing by speaking to him and I hope/ pray to hashem, that if anything tries to happen ever again, I will be able to fight it.

At the same time i was watching a lot of G** P**n.

I was also constantly downloading and deleting G** Chat apps and ACTUALLY meeting up with random non jews. WTF WAS I THINKING ??!!

That's why it's so important that I get a filter that monitors apps as well.

Prefer to hang out on Holy gye Forums instead of the other dirty forums that I have been hanging about on recently.

Interestingly the email address that i opened for all these dirty schmutz sites, is now being used for GYE and of course all the schmutz sites have been unsubscribed.

May It be a merit for me.

Another very bad issue that happened in this period, was that for thr last 2 years i didn't have a proper job, so I basically was getting an income and it was stressing me out, and at certain points in this period, I was chatting to sugar daddies etc

Thank God Nothing ever happened Because I never followed through with it, because I had to constantly remind myself, that im not going to see any blessing from this Ossur money so no point, but it was deff a big temptation.....

| That's why i wrote in my intro that i pray that this job that I got now should be realy successfull. |
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| ======================================= |
| Re: Introducing Myself Posted by Hashem Help Me - 07 Jan 2018 13:55 |
| You are really honest and courageous. Stay connected. We will help shlep you out and up. And then you will iyh help others |
| ======================================= |

Re: Introducing Myself Posted by 360gye - 07 Jan 2018 16:16

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| You should be able to find the partner program on your homepage. it's on the right hand corner |
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| Re: Introducing Myself Posted by growingnowletsdothis - 09 Jan 2018 00:25 |
| I'll partner with you. My email is growingnowletsdothis@gmail.com |
| ===== |