

Thanks for being there for me

Posted by tocho.kboro - 29 Dec 2017 18:17

I've just joined GYE. Already I have had a couple chats and am comforted and strengthened by your presence. I've never joined a group like this before; but, I recognize that I need your support to succeed with this challenge. I'm 49, married, and have five wonderful children. I thought that these struggles would get easier as I got older; but, clearly the yetzer is ageless and I need better tools to fight it. I have been "clean" for long periods for time, even more than a year; but, sometimes stress or another trigger will be a michshool for me. I choose "tocho k'boro" as my name because (I'm sure many of us share this feeling), my external actions (davening, learning, care for my family, and the high moral conduct that my co-workers see in me) can be so inconsistent with other activities ... and that leaves me feeling empty and spiritually drained. I want to feel that I am living a life of emes and bringing kedusha and tahara to my home and family. I seek to be tocho k'boro and feel like a whole mensch. Good Shabbos!

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Re: Thanks for being there for me

Posted by Markz - 29 Dec 2017 18:26

Welcome -

Stick around - we make you president of the Boro if you like ;-)

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Re: Thanks for being there for me

Posted by doingtshuva - 31 Dec 2017 00:25

Welcome.

Wishing you much Hatzluche.

It's never to late.

We are told to start by reading the GYE"s hanbook.

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Re: Thanks for being there for me
Posted by youcan - 31 Dec 2017 05:09

You ARE ???? ???? , you're doing everything that is in your hands to be what others see in you. The fact that hashem gave you this YH & you fall for him sometimes doesn't mean that this is who you are inside. You are a holly yid that wants to be good, tries to do everything the right way. Happens to be that you have one YH that many people find difficult to fight alone, so you need help for it & if you allow your self to get help you're doing what Hashem wants you to do. This is who you are.

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Re: Thanks for being there for me
Posted by gibbor120 - 09 Jan 2018 15:23

Welcome! Your sentiments are very common. Check out the handbook. Keep posting.

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