

Hello

Posted by JF2 - 11 Dec 2017 21:30

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Hey guys here's my story:

I am 21 years old and about to enter shiduchim and I realize that when I get married I want to have a meaningful and trust based marriage. I don't want to have to lie to my wife, therefore I decided to join gye.

I struggle with watching inappropriate things on the internet and masturbation. People that I have spoken to have told me that I am not particularly addicted its just a bad habit that I have gotten into. I am usually pretty good at focusing on the important things in life I I just find that I end up watching inappropriate things when I get bored at home. I am trying to focus on becoming more consistent in my cleanliness.

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Re: Hello

Posted by serenity - 11 Dec 2017 21:46

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Welcome and try out the tools here and see how it works for you.

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Re: Hello

Posted by Hashem Help Me - 12 Dec 2017 01:36

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You will iyh have one lucky wife! So many guys are struggling with what you describe but so few realize the effect it will have on their marriage, or they don't have the courage to seek help. Here you will learn that intimacy and the acts you have seen on the computer having nothing in common. Maybe both have ejaculation but it is like 2 trains heading in opposite directions that pass each other somewhere along their very different routes. Keep posting and see all the things GYE has to offer. Iyh you will break free from this mess. Hatzlocha.

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Re: Hello

Posted by youcan - 12 Dec 2017 07:18

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Welcome!

you've made the right decision not just for your marriage but for yourself. You find yourself being a new better person.

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Re: Hello

Posted by gibbor120 - 12 Dec 2017 15:41

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Welcome! Check out the handbook. Keep posting.

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Re: Hello

Posted by ieeyc - 14 Dec 2017 07:35

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[JF2 wrote on 11 Dec 2017 21:30:](#)

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hatzlacha ,i also when i felt that i wanted to start shiduchim tried stopping mast\*\*\*\*\* and BH was successful for a year and a half before my chasuna and stayed clean for aother 9 years ,you could do it too ,bezras Hashem!

**Warning: Spoiler!**

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Re: Hello

Posted by Phill Up - 14 Dec 2017 11:05

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Welcome!!! What you're doing is extremely commendable. My advice to you is to stick to the process and don't forget that you're winning so much by all the steps you're taking. If you see a woman and thoughts do creep into your mind, don't beat yourself up. Remember that Hashem created each woman not as an object but as a person with a purpose in life, just as He created you. A woman's beauty exists to be appreciated in the right context and to draw her closer to her husband so that the real intimacy builds authentic love, not pure lust, between the couple and build a Torah true home. I am in a similar position to you. May we all keep our heads up and not beat ourselves up in the trees as we continually progress through this challenging albeit legacy-building forest.

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