

Here goes...

Posted by beezras26 - 29 Sep 2017 06:17

hello all,

I'll be honest, I've known of GYE, and even been a member for some time. And for a while I wanted to leave it at that. lately, however with my experience of a real down in "dealing with my demons", I have decided to not remain a ghost on this site. I'm 29 years old and have been struggling with inappropriate images/porn and masturbation since before I knew either term- about 12 or 13. Through this Site I had great success in coming to a mental realization of the issue that i have (I use it as an escape, power trip, etc) However the nature of this is not a mental one. As such, I have decided to move along another step introduce myself on the forum. Believe me even as i type these words a voice is telling me "It's not so bad, you don't need to consider yourself as someone who needs to be in the forums" But I realize that its only arrogance speaking.

enough rambling, that's all i can type at the moment, and a gemar chasima tova

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Re: Here goes...

Posted by gibbor120 - 29 Sep 2017 13:18

Welcome! Yasher koach for taking this important step. It's hard to come here at first and especially the first few posts, but you will get comfortable, and you will not regret coming here. Keep posting!

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Re: Here goes...

Posted by Phill Up - 01 Oct 2017 04:35

Hey B'ezras26,

Kol Hokovod for taking this step. You are getting huge schar for stepping out of your comfort zone to sincerely deal with this issue! There are so many people here who are in very similar situations to you. Take advantage of the site to connect with others and create a network with whom you can rise up to these challenges and become much healthier and live a much more fulfilling life.

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Re: Here goes...

Posted by dd - 02 Oct 2017 16:49

Welcome!!!

Hang in there bro!!

KOMT!!!

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Re: Here goes...

Posted by beezras26 - 03 Dec 2017 23:56

Hello I'm back again.

i'm posting here for the first time in a while because this is the first day in some time I've been struggling in some time. I think that posting now, before a fall will help me much more than if i wait c"v for later. in addition i'm still accessing this on a work computer (did manage to get devices out of my house! can't tell you how much that simple but often overlooked step has worked wonders) so posting and keeping up on the forums isn't so easy. thanks belatedly for the kind responses.

Beezras26

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Re: Here goes...

Posted by Hashem Help Me - 04 Dec 2017 04:06

Welcome. Do you have anyone to reach out to when the going gets rough?

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Re: Here goes...

Posted by gibbor120 - 05 Dec 2017 21:16

It's nice to hear from you. I'm sorry to hear that you are struggling. Smart move to post here.

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