

First Time Posting

Posted by Trekmadone - 25 Sep 2017 02:53

A gut yur to all.

This is actually the the most refreshing and helpful program that I have come across so far.

I am a 39 year old married man ,trying to raise a frum family. I just recently came to my senses realizing that that my personal life was a disaster and I was killing myself inside.

The secret of molestation and not getting help for it has done so much damage to my life, work, family etc. And only when I came to terms with it and the addiction that I had , was I able to start trying to be honest with myswlf and try to pickup the broken prices of my life , emotionally, mentally and physically.

I jumped in head first, SAA programs, therapy etc. But for some reason, inasmuch as it helped to a certain extent, there was a disconnect being a frum not person.

When I came across GYE, and realized how much they have to offer, the resources, professionals, knowledge etc, I knew that they are for real.

I am on my way to begin my 90 days for the 5 the time, but this time with the right hashkafa alongside me....

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Re: First Time Posting

Posted by Hashem Help Me - 25 Sep 2017 11:08

Welcome. You have come to a great place. It has helped so many of us. Iyh you will have hatzlocha here too. One of the benefits of GYE is being able to communicate with similar minded people - intelligent, frum, yet struggling with this inyan. Keep posting and find people

you feel comfortable communicating with.

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Re: First Time Posting

Posted by Markz - 25 Sep 2017 12:44

[Trekmadone wrote on 25 Sep 2017 02:53:](#)

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welcome brother

Sounds like your GPS is working good

KOT!!!

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Re: First Time Posting

Posted by gibbor120 - 26 Sep 2017 15:34

Welcome! Great first post. Check out the dov quotes link in my signature. Keep posting.

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Re: First Time Posting

Posted by getthere - 27 Sep 2017 16:03

Welcome to the site

Great first move, keep looking and posting/informing how you are doing.

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