In the Book "The Battle of our Generation" he brings proof against this way of thought. He writes that one fix this problem before he gets married, for other wise it can actually get worse.

BTW this book is really good! Found it in front of a Mikveh on a Erev Shabbos.

Re: Yeshiva Bachur

Posted by Hashem Help Me - 11 Jul 2017 01:05

chaimklein wrote on 10 Jul 2017 03:26:

How much work needs to be done before I go into shidduchim?

As nice and dedicated the chevra on the forum are, realize that noone here really knows you. It would be most advisable to discuss this with a rebbi who does. Most rebbeim nowadays are very aware of the challenges boys have and either deal with it themselves or can direct you to someone who can advise you well. Keep us updated.

====

Re: Yeshiva Bachur

Posted by Shlomo24 - 11 Jul 2017 15:02

Hashem Help Me wrote on 11 Jul 2017 01:05:

chaimklein wrote on 10 Jul 2017 03:26:

How much work needs to be done before I go into shidduchim?

As nice and dedicated the chevra on the forum are, realize that noone here really knows you. It would be most advisable to discuss this with a rebbi who does. Most rebbeim nowadays are very aware of the challenges boys have and either deal with it themselves or can direct you to someone who can advise you well. Keep us updated.

I would add that if you don't have a Rebbi who you feel comfortable to talk with, seeking out a mentor can also be very helpful. If it was up to me, I would have started dating a long time ago and I am so grateful that I have people in my life who showed me how I am not ready. Particularly my Sponsor.

I do also feel marriage is part of the solution to helping manage lust issues and addiction, but others on here have pointed out that it is not the compete answer for everyone, and there are those in marriages who still have these issues.

But as to whether you should speak to girls right now is not my place to advise.

I, in my experience, feel honestly I was damaged by avoiding speaking to women much as a teenager, and it has contributed to my lust issues.

