

It's a never ending cycle

Posted by Attempt to change - 26 Jun 2017 19:30

Hello everyone!

I'm a yeshiva bochur in Israel and I've been struggling with masturbation and porn since I was a teenager. I come from a regular American religious background and I came to Israel and simple fell in love with Torah and Judaism. As a teenager I would engage in risky behavior with girls but I never sacrificed my virginity. The summer of last year found me in a deep hole. I had an iPhone and I had the temptations of a raging teenager with a ton of desires to fulfill. I was a casual porn watcher as a teenager and I wanted to take it to the next level again because I guess I missed my high school years with girls. I downloaded a few dating apps and I started to get involved with girls weekly and having sexual contact. I still maintained my virginity although risking it on countless occasions. Came Elul and I wanted to change again so I got an old iPhone with limited access to these apps. I was clean until Pesach. When I came back to Israel, I was raging again with temptation. I had a new iPhone and got involved in the apps again. I started seeing women and last week I got an apartment and I invited a girl over. That night I lost my virginity to much regret. The next morning the girl left and I invited another girl because I seemingly felt I already did the worst so I might as well just go all the way now. We slept together all morning and parted ways. On the way back to yeshiva I felt that my life is just hopeless, there's nothing to be done anymore about it. I just will simply give into this temptation and let it be because I tried before and it failed numerous times. I met the girl again a few days later and we did it in a bathroom. I just felt deeply engrossed in my desires to even put a second thought as to what I'm doing right now. Above that, I got back into porn to fulfill my desires when I'm not sleeping with women. At this point, as I'm still engrossed in my desires, I just feel there's no hope and I'll just continue this destructive behavior. I simply don't know who to turn to because it's obviously shameful to approach a rebbe or friend about it.

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Re: It's a never ending cycle

Posted by dms1234 - 27 Jun 2017 22:21

Belmont4175,,,, what are you saying ?

This bochur shouldn't get married

and have sex until he cures his lust ?

Thats what i was told. I was going to start dating almost a year ago and my sponsor and my Rabbi agreed that i should wait until i become sober and start to recover. I am very grateful that i didnt start dating yet. I am just over a year sober and i am just starting to see my character

defects and the underlying reasons why i act out and deal with them like a responsible person and not just escape to lust

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Re: It's a never ending cycle
Posted by ehrliche.bochur - 27 Jun 2017 22:31

[Attempt to change wrote on 26 Jun 2017 19:30:](#)

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Re: It's a never ending cycle
Posted by ehrliche.bochur - 27 Jun 2017 22:34

[Attempt to change wrote on 26 Jun 2017 19:30:](#)

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Re: It's a never ending cycle
Posted by ehrliche.bochur - 27 Jun 2017 22:44

[Attempt to change wrote on 26 Jun 2017 19:30:](#)

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Re: It's a never ending cycle
Posted by ehrliche.bochur - 27 Jun 2017 22:55

"Attempt to change" post=316128 date=1498505404 catid=19

That night I lost my virginity to much regret. The next morning the girl left and I invited another girl because I seemingly felt I already did the worst so I might as well just go all the way now. We slept together all morning and parted ways.

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Re: It's a never ending cycle
Posted by ehrliche.bochur - 27 Jun 2017 22:58

[Attempt to change wrote on 26 Jun 2017 19:30:](#)

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Re: It's a never ending cycle
Posted by sheleg - 27 Jun 2017 23:04

Do you have a Rabbi/mentor/teacher/sponsor?

No said Mr. sheleg

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Re: It's a never ending cycle
Posted by Workingguy - 27 Jun 2017 23:11

Mr Sheleg,

You said you haven't had much sex, but that sounds like some. Is that correct?

Also, you sound so puzzled that he shouldn't get married till he recovers. Would you tell a drug addict to get married before he recovers?

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Re: It's a never ending cycle
Posted by sheleg - 27 Jun 2017 23:14

Markz,,you are not going to get an answer for me because I don't understand what you are saying.

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Re: It's a never ending cycle
Posted by Workingguy - 27 Jun 2017 23:20

[sheleg wrote on 27 Jun 2017 23:14:](#)

Markz,,you are not going to get an answer for me because I don't understand what you are saying.

Markz asked you if you would tell your wife that she is supposed to be there for your Lust.

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Re: It's a never ending cycle
Posted by cordnoy - 27 Jun 2017 23:24

[sheleg wrote on 27 Jun 2017 23:04:](#)

Do you have a Rabbi/mentor/teacher/sponsor?

No said Mr. sheleg

Do you think it might be time perhaps?

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Re: It's a never ending cycle
Posted by sheleg - 27 Jun 2017 23:35

Workingguy,,,

that is correct.

years ago I had some.

I stopped when I realized that forbidden relationships don't last.

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Re: It's a never ending cycle
Posted by Markz - 28 Jun 2017 00:03

[sheleg wrote on 27 Jun 2017 23:35:](#)

Workingguy,,,

that is correct.

years ago I had some.

I stopped when I realized that forbidden relationships don't last.

Why don't they last?

Since you are the resident Marriage expert and Torah scholar as proven from your extensive posts, you should have at least 2 answers up your sleeve

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Re: It's a never ending cycle
Posted by sheleg - 28 Jun 2017 00:06

workingguy,,,

a question like that would scare her off.

Instead I would seek to know if she was a lusty lady in a round about way.

The mishna in avos says light headed talk brings one to lust.

So i would keep talking until I find the answer to that question.

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