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Generated: 27 July, 2025, 12:36	

how our generation came to this ? Posted by sheleg - 26 Jun 2017 06:32
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Re: how our generation came to this ? Posted by Workingguy - 26 Jun 2017 21:36
gibbor120 wrote on 26 Jun 2017 18:40:
Welcome sheleg! I would recommend reading "dov quotes". There is a link in my signature. Some of what is being said here may seem like Chineese. The dov quotes will probably sound that way as well. Recovery for most of us required us to change the way we think. There is a lot of collective wisdom here. Be patient. Some things will make sense. Some won't. Some will make sense over time.
I try to use the pragmatic approach. See what works. Don't try to "understand" what works. Recovery really requires Naasesh V'nishma. Some things don't make sense until after we try them. See what works and then stick to it. Many of us make the mistake of analyzing too much, and I count myself among them.
My favorite line from your post is "I Have decided to do everything in my power to quit." That is where it all begins. Don't ever give up! Keep posting.
Gibor,
You did a great job turning that into finding the positivity here!
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Re: how our generation came to this ? Posted by Markz - 26 Jun 2017 22:42

GYE - Guard Your Eyes

GYE - Guard Your Eyes Generated: 27 July, 2025, 12:36 Wishing you lots of Hazloche Re: how our generation came to this? Posted by Markz - 28 Jun 2017 01:41 sheleg wrote on 26 Jun 2017 13:46: Quit simply means stop. Why did you delete your first posts on this thread? If you are honestly interested in stopping, please share what steps you took to do that in the past 24 hours Re: how our generation came to this? Posted by sheleg - 28 Jun 2017 04:03 I Deleated my first posts in this thread because I didn't think they were important. In the last 24 hours I thought about the issue of lust from a Torah point of view. we know that lust is evil but we also know that in every evil there is a spark of holiness. The job of man is to free that spark of holiness in evil.

The words of Torah are like fire that can tovel (purify) man.

That is why it says in the Torah.

god forgives for everything except bitul Torah because the words of torah alone is enough to purify man and make him holy.

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Re: how our generation came to this ? Posted by Markz - 28 Jun 2017 04:09
And I don't think this thread is important
Taking other members here for a joyful ride is NOT appreciated
if I'm misreading you I offer my sincere apologies
I'm not a moderator, but if you cannot share sensibly what your addiction level was today, and what - if any recovery steps were taken, I will shut down this thread of yours here
We have a deal?
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Re: how our generation came to this ? Posted by sheleg - 28 Jun 2017 04:49
My addiction level is clean for the last two days.
you don't have to shut me down .
I am leaving gye.
i am not appreciated here
And that makes me uncomfortable.

i am not appreciated here

And that makes me uncomfortable.

Funny - I spoke a little tough and you shared some good news - I'm happy to hear!
Is that the only language you understand?
please keep sharing your recovery story
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Re: how our generation came to this ? Posted by cordnoy - 28 Jun 2017 12:17
sheleg wrote on 28 Jun 2017 04:49:
My addiction level is clean for the last two days.
you don't have to shut me down .
I am leaving gye.
i am not appreciated here
And that makes me uncomfortable.

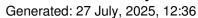
Leavin' would be a shame.
Recovery is a "bear" for all.
My suggestion would be to start off with more askin' and wonderin', rather than unequivocally statin', especially when there seems to be a lack of experience.
Either way, I wish you the utmost hatzlachah.
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Re: how our generation came to this ? Posted by yiraishamaim - 28 Jun 2017 14:29
cordnoy wrote on 28 Jun 2017 12:17:
sheleg wrote on 28 Jun 2017 04:49:
My addiction level is clean for the last two days.
you don't have to shut me down .
I am leaving gye.
i am not appreciated here And that makes me uncomfortable.

That's the pay off of being in GYE.

I am looking for some easy segulah

To transform me into holyness and purity.

I believe that I am not being overly dramatic to say that the choice of: Hachaim v'hamaves is staring at you now. Suck it up, take the high road and join the club. In time we will all laugh together about these past posts and you will be living a cleaner and more wholesome life than you ever dreamed of. Please take my outstretched hand and stay. ==== Re: how our generation came to this? Posted by sheleg - 28 Jun 2017 15:57 i am uncomfortable with the GYE derech to solving lust addictions. This kovesh es yitzro method is too painful to those of us who are not giborim. I would like to find an easier method to curing my addictions then what GYE offers. I am jealous of the Orthodox Jewish woman. she seems to be free of lust without much work. What is the secret ingredient that keeps a bais yacob yeshiva graduate a prude? While we orthodox men can't control lustful desires. it's not fair !! and no one seems to care. Re: how our generation came to this? Posted by sheleg - 28 Jun 2017 16:17



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Re: how our generation came to this?
Posted by Workingguy - 28 Jun 2017 16:24

sheleg wrote on 28 Jun 2017 16:17:

I am looking for some easy segulah

To transform me into holyness and purity.

That's pretty honest of you. There doesn't seem to be an easy segulah. It's hard work. For some harder than others, but I think anyone who was somewhat successful worked very hard.

The guys on this forum still like women, still like sex, and frumkeit wasn't enough to get them to stop acting out. They had to find other ways, and many have. If you don't want to, no one here is forcing you. Most of us can tell you that staying connected to Lust has been super destructive for us, and some actually really regret ever going down the roads that we did.

You don't have to make a decision today on what you want to do. You can just read people's threads and read the success stories in Markz signature, and you may see that there are other people who've succeeded in a way that is relevant to you.

There is NO one GYE way, so look around. And if you're not a troll, then by all means, please don't leave and we'll try to be softer, and if you can be a little more open to people with experience, that would be great.

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